

EJU Medical Seminar 2014

Cirkewwa Malta

Thursday 4th SEPTEMBER 2014

Arrival of participants

20:00 Dinner at Hotel

Friday 5th September 2014

10:00 Official Opening of the Seminar

10:15 WADA news New Rules 2015 Laurie Malinen

11:00 WADA TUE & ADAMS Laurie Malinen

11:30 **Coffee Break**

12:00 IOC Medical code or EJU Ethics code Envic Galea, Maximilien Jung

12:45 How the international sports medicine looks to Return to Play Arnold Brons

13:15 **Lunch**

15:30 Knee Injury, do we miss something? and discussion Maximilien Jung

16:15 Core stability training program for judo Peter Smolders, Maximilien Jung

20:00 **Official dinner**

Saturday 6th September 2014

10:00 The European Judo Union Medical Journal Envic Galea

10:45 The use of Dart Fish for the study of injuries. Collection of critical injuries, the videos and their analysis Arnold Brons

11:30 **Coffee Break**

12:00 Analysis of the new IJF weighing in, the day before and comparison of the Statistical weighing before completion – Catarina Rodrigues, Maximilien Jung, Andrea Lino
cadets weigh in on Same day scientific decision?

12:45 The EJU Medical Handbook – Situations during our EJU events Envic Galea, Laurie Malinen, Max Jung

13:30 **Lunch**

15:30 Concussion in sports how to act in judo. What precautions? Arnold Brons

16:15 The state of the blood circulating system of high level judoka, Study on blood testing to be able to identify overtraining Pavel Chekeres

18:30 **Dinner/ Tour of Gozo**

Sunday 7th September 2014

09:30 Study to determinate the frequency of injuries judo, times to return to sports and limitation of the sporty level Ralph Akoto GER

10:15 Damage to the thumb long extensor tendon (EPL) Vladimir Heinz CZE

10:45 Facial Trauma Ann Hermansson SWE

11:15 **Coffee Break**

11:45 Norwegian model for cognitive training Pal Herlofsen NOR

12:15 Closing of Seminar (suggestions) Envic Galea

12:30 End of Seminar

Departure of Participants

15:30 EJU Medical Commission Meeting

Monday 8th September 2014

Departure of EJU Medical Commission