



EJU Training Camp Spa 2015 Belgium February 02-05, 2015

1. Date

Monday 2nd of February – Thursday 5th of February 2015

This training camp is taking place just after the International Open of Visé (men) and the Belgian Ladies Open of Arlon (women).

Arrival from Sunday 6 PM possible. First training session on Monday morning at 10 AM.

Transport will be organized from the competition hall of Visé or Arlon and from Brussels Airport towards the training center.

Departure towards Brussels Airport on Thursday after the morning training session. Lunch meal is not included.

2. Organizer

Royal Belgian French Judo Federation

Address: Rue de Croisiers 14/4
5000 Namur
Belgium

Email: info@ffbjudo.be
Tel: 0032 81 22 87 23
Fax: 0032 81 23 02 92

Emergency Contact: Ms. Camille Danneels 0032 81 22 70 03

3. Venue

Sports Centre « La Fraineuse »

Avenue A. Hesse, 41 A

4900 Spa

4. Participation

EJU / IJF Member Federations can participate at the Training Camp. All participants must be at least 15 years old (born in 2000 and before).

5. EJU Participation Fee

100 € per participating athlete.

EJU sponsors 70€ for athletes of EJU Member Federations.

6. Responsibility of the Federations

The competitors will participate under the full responsibility of their federations. Each National Federation is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and Royal Belgian Judo Federation decline all responsibility.

7. Transport

Arrival

We provide transport from the **tournaments of Visé and Arlon** to the hotel on **Sunday 1st of February** (after the ending of the tournaments):

- Visé : 20€
- Arlon : 30€

We provide free transport from the **station of Spa** to the hotel. (<http://www.belgianrail.be/en>)

If these facilities don't fit, **private transportation** can be provided. Please do your request on inscription, we will supply you with the fees.

Departure

We provide free transport from the hotel to the **station of Spa**. (<http://www.belgianrail.be/en>)

If these facilities don't fit, **private transportation** can be provided. Please do your request on inscription, we will supply you with the fees.

Please send us your travel details as soon as possible!

8. Accomodation

Hotel "Olympic" Avenue A. Hesse, 41, 4900 Spa

Full board* accommodation:

- single - 400 € / person
- double - 360 € /person
- 3 or 4 persons - 350 €/person

*Full board is starting with breakfast on Monday 2nd and ending with breakfast on Thursday 5th.

A lunch packet will be issued for Sunday evening arrivals.

Judoka and Officials who are not staying at the official hotel have to pay 100€/person in addition to EJU Participation fee.

Possibility of external day training sessions: 25€.

Check-out not later than 11:00 am, otherwise an additional night will be charged.

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

Notice: Arrivals after the first day and early departures will NOT be refunded.

9. Registration

Starts on February 1st when arriving at Hotel "Olympic", Avenue A. Hesse, 41 - 4900 Spa.

10. Deadlines

Final Entry & Travel details: **10.01.2015**

Payment: **20.01.2015**

Visa Application: **23.12.2014**

11. Cancellation policy

Up to 30 days before the arrival, full refund. From 30-15 days before the arrival, 50% of the payment refund. After the **20th of January**, no refund is possible.

12. Payment

To confirm your entry, kindly complete the payment for accommodation before January 20th 2015 to our bank account. All bank fees and money transfer costs must be paid by the sender federation. We regret but we do not accept credit cards.

Account name: Fédération Francophone Belge de Judo
 Name of bank: BNP Parisbas FORTIS
 Account No. IBAN: BE 83 2500 0678 3015
 SWIFT address: GEBABEBB
 Payment Reference: EJU Stage Spa 2014 + "Your Federation's/Club's Name"

13. Visa

For nations who need visa to enter Belgium, please send the enclosed "Visa Application Form" fully filled not later than **December 23rd 2014**.

14. Program

Date	Schedule	Warming up	Uchi-komi	Randori (2 groups: Women & Men)
Monday, February 2nd	10h-12h	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 6 x 5 min – Tachi Waza
	16h-18h	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 8 x (5 min + 1 min Golden Score) Tachi Waza
Tuesday February 3rd	10h-12h	10min	10 min Ne Waza	3 x 5 min – Ne Waza 5 x 5 min – Tachi Waza
	16h-18h	10min	10 min Tachi Waza (moving)	8 x 5 min – Tachi Waza
Wednesday, February 4th	10h-12h	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 6 x 5 min – Tachi Waza
	16h-18h	10min	10 min Tachi Waza (moving)	2 x 5 min – Ne Waza 7 x (5 min + 1 min Golden Score) Tachi Waza
Thursday, February 5th	10h-12h	10min	10 min Ne Waza	4 x 5 min – Ne Waza 5 x 5 min – Tachi Waza