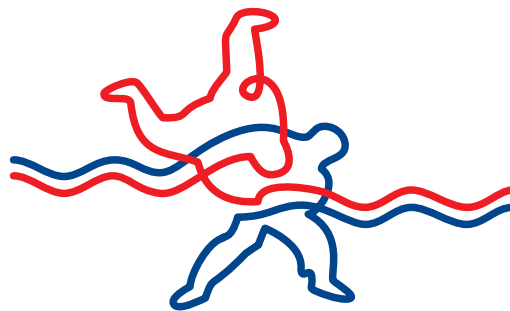




*Judo – more  
than sport!*



# JUDO FESTIVAL ANTALYA 2015





**EUROPEAN  
JUDO  
UNION**



***Dear Judo Friends,***

I am glad that the initiative of the European Judo Union to organize several judo activities for all categories of judo lovers under one umbrella has resulted in a session of European Judo Festival that takes place annually in the same platform in Turkey at the time of the OTC Antalya.

The mid of May is a perfect time to have a family holiday by the seaside, so I would like to encourage athletes, coaches, referees, doctors, kata lovers, administrators in judo federations who are working hard during the year to come to Antalya with their parents and children. At the same time I would like to invite other judo practitioners including the beginners to be part of the Festival and find a proper judo activity at their taste and interest, and I look forward to see how the motto of the EJU is being proved by different families from all over Europe - judo is more than sport and it is for all.

I wish you a wonderful time with your family and friends in sunny and hospitable Antalya at the second edition of the European Judo Festival!

***Sergey Soloveychik***  
***President***  
***European Judo Union***

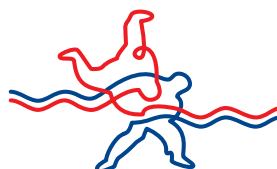
# ABOUT THE FESTIVAL

In the period between the 11th and 20th of May 2015 the European Judo Union is holding the second edition of the Judo Festival in Antalya, Turkey!

The Festival is taking place together with the OTC “Going for Gold” in the luxury hotel MARITIM Pine Beach \*\*\*\*\*.

The program of the Festival foresees several important and remarkable activities, attractive to everybody who likes judo:

- Judo camp for children where the youngest judokas can not only reveal the mysteries of judo with the best world judo masters but also enjoy an attractive entertaining program.
- Judo Animation zone that is organized at a swimming pools area twice a day will entertain young people and hotel guests and introduce the world of judo as a part of a game, which helps to while away the time in a very interesting way.
- Contest of judo photography with audience choice award.
- Day of judo for children, offering a master class with leading judo experts for interested young judokas.
- Medical Symposium, where the members of the EJU Medical Committee will explain the new outlines and rules to doctors of national teams.
- “Seminar Refereeing Rules”, where the members of EJU Refereeing Commission will explain the rules in details to club coaches.
- Recent EJU development – the Match Analyses will be available for everyone, with a detailed explanation for using.
- Kata Seminar featuring one of the best Kata experts, with detailed teaching. The participants will receive a Certificate of participation at the Kata Seminar and will be able to receive points for the performance of certain Kata.
- Training Camp for veterans, a meeting place of old friends, consolidated by a long friendship in judo.



# GENERAL INFORMATION

## 1. Date

May 11 – 20, 2015

## 2. Organizer

European Judo Union in cooperation with

**Nira turizm tic.ltd.şti**

Emergency Contact:

**From EJU: Mrs.Carmen Calvo**

carmen.calvo@eju.net

Tel: +34 68 58 305 42

**From Nira turizm tic.ltd.şti:**

**Mr. Mustafa Nesimi Telli**

mustafa@niraturizm.com

Tel: +90555 9629472

## 3. Venue

Hotel & Resort 5\* "Maritime Pine Beach"

ILERI BASI MEVKII BELEK/ANTALYA

<http://www.maritim.com.tr>

## 4. Participation

All Judokas can participate in the Judo Festival: coaches, teachers, referees, veteran athletes & children.

Minimum age: 6 years

## 5. EJU Participation Fee

30€ per person (under 14 years no participation fee)

## 6. Insurance

All participants are responsible for their insurance. The European Judo Union declines all responsibilities.

## 7. Transport

Airport: Antalya International Airport (AYT)

Distance from the Airport to official hotel is 35 km. The organizers can provide the transfers between the Antalya International Airport and official hotel for 20€ (two way).

## 8. Accommodation

Prices are per person and per night in Euro on "All inclusive without alcohol" basis in standard rooms:

In single Room	115 €
In double Room	75 €
In triple Room	70 €

Minimum length of stay: 4 nights

- Reservations will be processed strictly according to the date of your booking. Please note that there is only a small quota of single and triple rooms available; therefore please check for availability with the organizer before sending your reservation.
- Check-out not later than 11:00 am, otherwise an additional night will be charged. \* All inclusive (full board) is starting after check-in on the day of arrival, and ending after your check-out.
- Cancellations rules for all participants:
- until April 20: 100% refund
- after April 20: 0% refund

## 9. Registration

Please send your requests, registration and hotel booking to Mr Mustafa Telli

(Tel: +90555 9629472)

e-mail: [judofestival@gmail.com](mailto:judofestival@gmail.com)

## 10. Deadlines

Hotel reservation: 20 April 2015

Payment: 4 May 2015

Travel Details: 4 May 2015

Visa Invitation Request: 15 April 2015

## 11. Payment

Please make the payment to the following bank account not later than May 4th 2015:

**NAME OF BENEFICIARY: Nira turizm tic.ltd.şti**

**BANK NAME: HALKBANK**

**BRANCH OFFICE: YENİŞEHİR**

**BANK ADDRESS:**

**Atatürk bulvarı no:63 yenişehir-ANKARA**

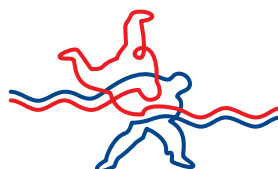
**EURO IB: TR13 0001 2009 2120 0058 0001 57**

**SWIFT: TRHBTR2AXXX**

*Payment on the spot by cash is possible.*

## 12. Visa

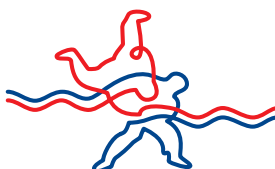
Many Countries may get Visa on Istanbul Atatürk Airport upon arrival. Please check from [www.mfa.gov.tr/visa-information-for-foreigns.en](http://www.mfa.gov.tr/visa-information-for-foreigns.en). For nations who need VISA to enter the Turkey, please send the enclosed "Visa Application Form" fully filled in, latest 15 April 2015.



# DETAILED SCHEDULE

	Thursday May 14	Friday May 15	Saturday May 16	Sunday May 17				
all day	Animation Zone to promote Judo with hotel guests (open the whole time of OTC - May 11 - May 20)							
all day	Kids' Camp (U6 y.o.) - Judo training session and other activities (available whole time of OTC - May 11 - May 20)							
8:00								
9:00	Seminar Ref. Rules	Medical Symposium (Seminar)	Veterans Training	Childrens Day	Kata Seminar Kime no Kata	Veterans Training	Kata Seminar Ju no Kata	Veterans Training
10:00								
11:00								
12:00								
13:00								
14:00								
15:00		Medical Symposium (Seminar)			Kata Seminar Kodokan Goshinjutsu			
16:00								
17:00	Veterans Training		Veterans Training			2nd European Science of Judo Research Symposium 2015		
18:00								
19:00								
20:00								
21:00								
22:00								

Attention:  
 The program is provisional. The schedule of the activities may be modified.  
 Please ask at the reception for a recent version of the program.







**Judo Kids Camp**



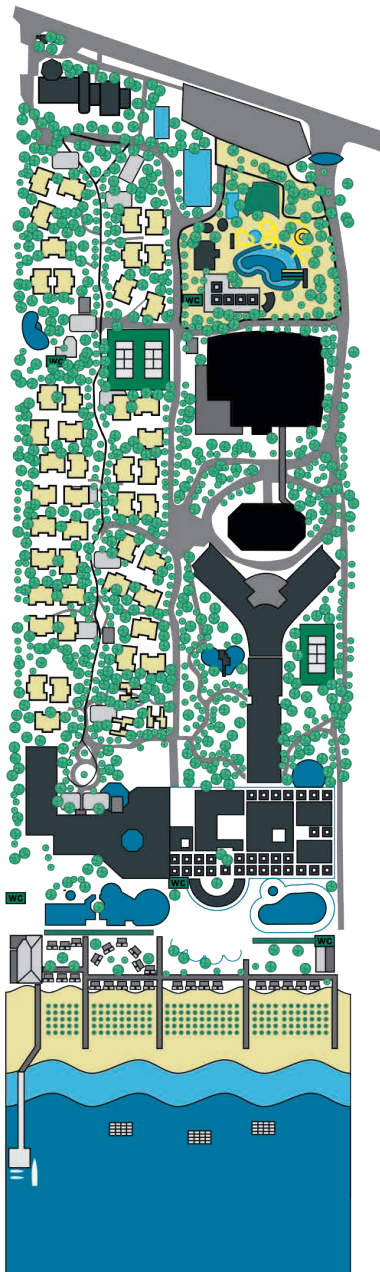
**Animation Zone**



**Kata Seminar**



**Veterans Training Camp**



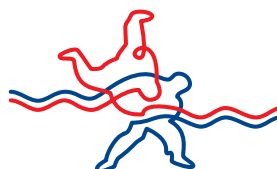
**Poster Exhibition ,  
Photo Contest "Judo in Action"  
2nd European Science of Judo  
Research Symposium 2015**



**Medical Symposium**



**Seminar Refereeing Rules**





# • Judo Kids Camp (U6-U10)

As part of the program of the Judo Festival 2015 in Antalya, Turkey EJU offers a new project – Judo Kids Camp (U6-U10)

## Program of the Camp:

“Judo and the Family” (children 6-10 years of age and parents).

Judo training is to be delivered through play activity with elements of judo. Parents accompanying their children are going to participate in the training process as partners, personal coaches, students. It's highly desirable for the parents to be wearing judogi when on tatami.

**11th May, 2015** – introductory training on tatami followed by a 30-minute educational session: “Introduction and getting to know each other”

**12th May, 2015** – training on tatami followed by a 30-minute educational session: “Courtesy and etiquette”

**13th May, 2015** – training on the beach followed by fun activities on the beach: “Drawing on the sand and making sand figures”

**14th May, 2015** - training on tatami followed by a 30-minute educational session: “Drawing together with teachers”

**15th May, 2015** - training on tatami followed by a 30-minute educational session: “Reproducing or drawing your country's flag on tatami squares”

**16th May, 2015** - training on the beach followed by entertaining activities on the beach

**17th May, 2015** – day-off, short trips or walks

**18th May, 2015** - training on tatami followed by a 30-minute educational session: “My way to judo”

**19th May, 2015** training on tatami followed by a 20- or 30-minute activity: creating a mind map “Judo and the Family”

Evening activity: farewell dancing party.

In addition during the study hours we offer:

Completing a participant's diary «Judo and the family», which includes the chapters on history, judo principles and etiquette, performing creative tasks, sharing impressions, emotions and knowledge received during the festival, everyday development and achievements.

History of judo, judo etiquette, judoka's code (drawing, sharing comments). Creating collages from various techniques/holds.

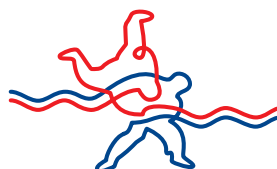
Judoka's Code: hieroglyphs and images of judoka's qualities (one each day in the shape of a petal on a flower).

Creating a pyramid of success. Creating a group collage from the art pieces produced by students and their parents.

Drawings exhibition, judo-related games (including board games – judo-fitness for your brain).

Animation Zone

Special program for the children staying at the hotel to introduce them to the world of judo. The activity is to be held near the swimming pool.

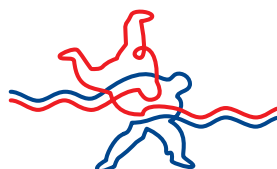






# • Children's Day

Master class by the world-class celebrity judokas: World and European Champions, Olympic Games medal winners will share their professional judo secrets with beginner judokas. Educational session.





# • Kata Seminar

16-17 of May, 2015

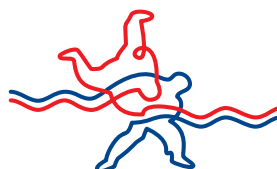
EJU experts will be present at this seminar about the principle of Kata. This seminar is targeting on judokas interested in these Kata for Dan examinations or Dan recognitions. Participants will receive a "Certificate of Participation".

## 16 of May, 2015

09.00 - 10.30	Introduction to Kime no Kata
10.30 - 10.45	Break
10.45 - 12.30	Introduction to Kime no Kata
13.00	Lunch
15.00 - 16.30	Introduction to Kodokan Goshin Jutsu
16.30 - 16.45	Break
16.45 - 17.30	Introduction to Kodokan Goshin Jutsu

## 17 of May, 2015

09.00 - 10.30	Introduction to Ju no Kata
10.30 - 10.45	Break
10.45 - 12.30	Introduction to Ju no Kata



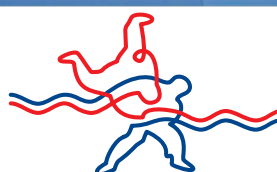


# • Veterans Training Camp

14-17 of May, 2015

The Judo Festival 2015, Antalya, Turkey will include the EJU training camp for veterans. It will be an ideal opportunity for training with athletes from other countries but also a great chance to enjoy Antalya for a few days with the family. Participants will receive a "Certificate of Participation".

	Day	Time session	Thematic
<b>Welcome Day</b>	<b>Thursday Afternoon</b>	<b>1 Hour and 30 Minutes</b>	Warm-up, Technical-Ne-Waza, Randori Ne-Waza and Tachi-Waza, Stretching
		<b>30 Minutes - 1 Hour</b>	The veteran's activities in Europe by EJU (Training-Camp, European-Championship, Kata, Antalya...). EJU's media possibilities (rebelmouse.com...)
<b>Healts Day</b>	<b>Morning</b>	<b>1 Hour and 30 Minutes</b>	Swimming activities - Pool activities
	<b>Friday Afternoon</b>	<b>1 Hour and 30 Minutes</b>	Warm-up, Technical (STANDING-GROUND LINK)- Geiko, Randori Ne-Waza and Tachi-Waza, Stretching
		<b>30 Minutes - 1 Hour</b>	Different recuperation modes (stretching- water bath- sauna...)- Discussion
<b>Champion Day</b>	<b>Saturday Morning</b>	<b>1 Hour and 30 Minutes</b>	Old videos (World or Olympic Champions) present on the camp with his(her) comments.
		<b>1 Hour and 30 Minutes</b>	Ne-Waza (Technical and Randori)
	<b>Saturday Afternoon</b>	<b>1 Hour and 30 Minutes</b>	Champion's attack system + Technical intervention + Randori + Stretching
		<b>30 Minutes</b>	Referee's rules 2015
<b>Farewell Day</b>	<b>Sunday Morning</b>	<b>1 Hour and 30 Minutes</b>	Warm-up (Judo and gymnastic), Uchi-Komi, Randori Ne-Waza and Tachi-Waza + Streching
		<b>30 Minutes</b>	Review and prospect





• **Poster Exhibition ,**  
• **Photo Contest**



• **“Judo in Action”,**  
• **2nd European Science of Judo Research Symposium 2015**

The work of the 20 participants from the “2015 Poster Exhibition” contest will be placed on exhibition in the Hotel as a tool to assist the development of coaches/athletes. Also at the same area, the EJU has organized the first Judo Photo contest, with the theme: “Judo in Action”. All National Federations, clubs and athletes are invited to participate. Judo Community to decide who is the best of the best.



• **Medical Symposium**

15 of May, 2015

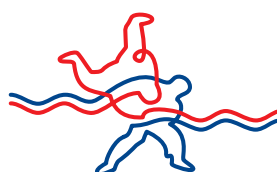
Program:

- Judo injuries
- Rehabilitation from injuries
- Core stability training to avoid injuries



• **Seminar**  
**Refereeing Rules**

14 of May, 2015



# CONTACT

European Judo Union,  
Wehlstrasse 29/1/111, 1200 Wien, Austria,  
[headoffice@eju.net](mailto:headoffice@eju.net)



**EUROPEAN  
JUDO  
UNION**