



PORTUGAL JUNIOR EUROPEAN CUP 2010

**27TH & 28TH MARCH
BOYS & GIRLS UNDER 20**



TO THE PRESIDENTS OF THE NATIONAL FEDERATIONS

Dear Mr. President,

The Portuguese Judo Federation is very pleased to invite your Federation to participate in the **PORTUGAL EUROPEAN CUP - JUNIORS**, which will be held in **Coimbra**, on **27th and 28th March 2010**.

Part of European Judo Union Calendar, the **PORTUGAL EUROPEAN CUP - JUNIORS** is one of the greatest international Judo festivals our country holds. Since the number and quality of participating national teams grows every year, we expect this eighth edition in Coimbra will turn out an excellent sport show to all those who watch it at the city's Multiuse Pavilion.

After the Tournament, an **International Training Camp** will take place in **Coimbra** from **March 29th to April 1st**. Assuring your presence is highly appreciated; it would be a great pleasure for us to welcome you in both events.

Looking forward to host you in our beautiful country, and presenting our best regards,

Yours Sincerely

Prof. Eng^o António Nogueira Lopes Aleixo
President of the Portuguese Judo Federation



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OUTLINE

1. Organiser

Portuguese Judo Federation

Address: Rua do Quelhas, 32, 1200-781 Lisboa, Portugal
Telephone: +351 213 931 630
Fax: +351 213 969 296
E-mail: portugalevents@fpj.pt

2. Date & Place

March 27th – 28th 2010, at the Coimbra's Multidesportos Pavillion, Portugal

3. Competitors' Age & Duration

Both men and women competitors must be born between January 1st 1991 and December 31st 1995.

4. Weight Categories

Men: -55Kg, -60Kg, -66Kg, -73Kg, -81Kg, -90Kg, -100Kg +100Kg
Women: -44Kg, -48Kg, -52Kg, -57Kg, -63Kg, -70Kg, -78Kg, +78Kg

Duration: 4 minutes

Golden Score: 2 minutes

5. Inscriptions

The NUMERICAL before January 29th

The NOMINAL before February 26th

All athletes' inscriptions must be done through JUMAS System (EJU).

<http://www.europejudo.com/jumas/>

6. Flag/Anthem

Each participating country must bring one (1) flag and a compact disk with the national anthem (short version).

7. Transfers

The Portuguese Judo Federation assures the transportation of the delegation members inscribed by the official entry list from **Lisbon International Airport** to Coimbra and back, and between the Hotel and the Sports Hall.

8. Accreditation

The Accreditation will take place at the Hotel Dona Inês, according to the attached Official Programme.

9. Draw:

The draw will take place after the accreditation at the Hotel Dona Inês, according to the attached Official Programme. DOUBLE REPECHAGE SYSTEM will be used.

Seeding of the top 4 competitors in each weight category according to the EJU Junior RL

10. Weigh-in

The weigh-in will take place in the morning on each day of the event, at the OFFICIAL HOTELS, according to the attached Programme.

11. Referee Meeting

The Referee Meeting will be at the Sport hall in the morning of the first day of competition (9am), according to the. Attached Programme.



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12. Clothing

The competitors will wear white and blue judogis. Each national Federation must bring spare judogis.

Judogi Control according to Sokuteiki Rule.

13. Back Numbers

Please note that the new back identification of athletes is compulsory in all IJF/EJU events from the 1st January 2010.

Each competitor taking part in the EJU events is obliged to have on the back of his judogi the official back number made up of two parts: the FIXED upper part, consisting of the Surname and the National Olympic abbreviation; the CHANGEABLE bottom part consisting of the event name and the sponsors, unique for each event.

The participating athlete / federation is responsible for ordering and sewing of the FIXED part of the back number, which must be the official EJU / IJF one. It should be ordered from www.mybacknumber.com. Production and delivery takes around 4 weeks.

Athletes without the new back Fixed Identification will not be allowed to compete, no exceptions permitted.

14. Insurance

The Portuguese Judo Federation will not be responsible for any injury, damage or loss during the competition.

15. Official Hotels

Hotel Dona Inês
Rua Abel Dias Urbano, 12
3000-001 Coimbra
Phone: +351 239 855 800 – Fax: +351 239 855 805

Best Western Hotel D. Luís
3040-091 Coimbra
Telephone: +351 239 802 120 - Fax: +351 239 445 196
Website: <http://www.hoteldluis.pt/>



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16. Accommodation (Tournament and Training Camp)

Reservations are to be made to the Portuguese Judo Federation. The price includes:

- Lodgement and meals
- Transfers between Lisbon International Airport and Coimbra, as well as between the Hotel and the Sports Hall

COMPETITION:

Full Board Cost per person and per night:

| | |
|--------------------|-------|
| Single Room | 110 € |
| Double/Triple Room | 85 € |

Extra Night:

TRAINING CAMP:

Special Price for the training camp: 3 nights full board/person

| | |
|-------------|-------|
| Single Room | 240 € |
| Double Room | 210 € |

NOTE: Delegation Members not staying on the official hotel, will have to pay a 100 euros inscription fee.

17. Payments

All payments must be effected either through bank transfer before March 8th. Payments during the accreditation at the Official Hotel, will have a 5% additional charge and must be pay in cash, only! No exception will be allowed!!

Please choose the bank transfer mode.

Our bank account number:

Bank Information:

Account Name: FEDERAÇÃO PORTUGUESA DE JUDO
Account Number: 0410 3506 0007
BIC/SWIFT: BESCPTPL
NIB: 0007 0041 00035060007 79
IBAN: PT50 0007 0041 0003 5060 0077 9
Bank Name: BANCO ESPÍRITO SANTO
Bank Address: LAPA



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OFFICIAL PROGRAMME

Friday, March 26th

- ❖ Arrival of the National Delegations
- ❖ 16H30/19H00 - Registration and Accreditation at the OFFICIAL HOTEL
(please note there is a **2h00m** journey between **Lisbon Airport and Coimbra**)
- ❖ 22H00 – Draw at the OFFICIAL HOTEL

Saturday, March 27th

- ❖ 06H00/07H00 – Unofficial weigh-in at OFFICIAL HOTEL
- ❖ 07H00/07H30 – Official weigh-in at OFFICIAL HOTEL
- ❖ 09H00 – Referee meeting at the Sporthall
- ❖ 10H00 – Preliminaries, repechage and finals of groups
 - Semi-Finals and Finals
 - Men: -73Kg, -81Kg, -90Kg, -100Kg, +100Kg
 - Women: -44Kg, -48Kg, -52Kg, -57Kg,

Sunday, March 28th

- ❖ 06H00/07H00 – Unofficial weigh-in at OFFICIAL HOTEL
- ❖ 07H00/07H30 – Official weigh-in at OFFICIAL HOTEL
- ❖ 10H00 – Preliminaries, repechage and finals of groups
 - Semi-Finals and Finals
 - Men: -55Kg, -60Kg, -66Kg,
 - Women: -63Kg -70Kg, -78Kg, +78Kg

Monday, March 29th

- ❖ Departure of the Delegations/ Beginning of the Training Camp
 - The Portuguese Senior National Team will take part on the Training Camp.
 - Training Camp Programme (to be confirm locally):

| DATE | 29/03/2010 | 30/03/2010 | 31/03/2010 | 01/04/2010 |
|-------------------|---------------|---------------|---------------|---------------|
| Morning Session | 11:00 – 12:30 | 10:00 – 12:00 | 10:00 – 12:00 | 10:00 – 12:00 |
| Afternoon Session | 17:00 – 19:00 | 17:00 – 19:00 | 17:00 – 19:00 | -- |