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EJU Training Camp

Papendal 2021

Netherlands

April 26-30, 2021

1. Date

April 26th – 30th 2021

Arrival: Friday 23th or Saturday 24th of April (latest!).

First training session on Monday 26th in the morning.

Departure: Check-out possible on Friday 30th of April or Saturday 1st of May after breakfast.

Last training session on Friday 30th in the morning. Lunch on Saturday is not included.

Due to the European Championships in Portugal and the Grand Slam in Russia (Kazan), it is also possible to arrive earlier or to stay longer.

2. Organizer

Dutch Judo Federation (JBN)

Address : Kelvinbaan 46
3439 MT Nieuwegein
The Netherlands

Email : trainingcamp@jbn.nl
Tel : +31(0)307073640

Emergency Contact

Pascal Bakker	+31(0)644193515
Kelly van Zanten	+31(0)638082677

3. Regulations to minimize COVID-19 related risks

Anyone not complying with the conditions of participation described in these outlines will not be eligible to take part in the event and will be subject to disciplinary action.

The fundamental principle throughout all EJU events during the Covid-19 era is to protect and be protected by wearing a mask, sanitising, distancing and respecting the recommendations of the EJU protocol. All participants have the mutual responsibility to protect one-another.

Each National Federation delegation participant (athlete, coach, physiotherapist, doctor) must have read and understood the latest version of the EJU Guidelines "EJU Sport & Medical Rules for Training Camps & OTCs during the Covid-19 Pandemic" to be found under the link: <https://www.eju.net/eju/documents/>

PLEASE NOTE:

- **Each National Federation taking part must nominate a Covid-19 Manager.**
- **There can only be ONE (1) COVID-19 MANAGER PER FEDERATION!**

Before Travelling

1. Check if you need a visa, and if yes request it from the organiser. Please send a good quality passport copy (PDF) to trainingcamp@jbn.nl.
2. Book accommodation and send a detailed rooming list. Last minute changes can be accommodated whilst the delegation waits in the bus or outside the hotel.
3. Present on arrival, at least **two (2)** Covid-19 negative individual medical certificates (PCR). Please make sure the certificate also has an English version.
Anyone arriving without a medical certificate of the negative test result will not be allowed to participate in the training camp and to stay in the hotel, so will be sent back.
This PCR test **MUST** be made a maximum of three (3) days before arrival. During this 3-day period you should stay isolated and limit contact with other people as much as possible. If you experience any kind of symptoms do not start to travel (even with the negative PCR test).
5. Present upon arrival an individual declaration of honour on the absence of symptoms for at least 14 days per delegate.

PCR tests and declaration of honour has to be uploaded to trainingcamp@jbn.nl

Entering the Netherlands

The following must be brought/at hand for border control:

1. Passport, ID, and applicable visas, as required
 - All regular border-crossing regulations must be followed regarding the validity of passports and visas, as applicable for each respective country
 - Border control officers will check documents (passports or other documents that contain similar information to those in passport)
2. Official Invitation from the Dutch Judo Federation

If you need a PRINTED invitation letter from the Dutch Judo Federation or the National Sports Agency of the Dutch Republic (either individual or delegation) for the border control officers send a request to trainingcamp@jbn.nl

3. Negative PCR test

All participants must be ready to present a negative PCR test.

4. Entering the Netherlands by plane

If you enter the Netherlands by plane, at the airport you have to do an antigen test before you get in the car. The costs are for the Dutch Judo Federation.

Entering the bubble

1. At least one (1) PCR test per participant will be performed immediately upon arrival.
2. The test will be held at the Ruskahal. Cost of the test is 100€ Euro, which has to be paid by the participating federation prior the arrival.
3. Until test results are obtained, all participants must remain in their hotel rooms, where water and any paid meals will be ensured until the receipt of the test results.
4. To ensure that testing and following procedures can be performed on time, all participants must arrive not later than Saturday evening, 24th of April. The test results will follow on Sunday 25th of April.

Arrival to the hotel

The delegation manager takes all documents to register everyone on the Reception desk. Others stay outside until room keys are received. Social distancing must be observed. **No room change is allowed.**

All participants have to take their luggage, wear masks and proceed DIRECTLY to their own room. After the sample is taken, they have to go back to their hotel rooms to await their PCR test results.

During the waiting period food will be served to the rooms, no outside food delivery can access the hotels. There will be complimentary water in the rooms.

Participants must wait in their rooms and may leave their room only after receiving their negative PCR test result. The results will be communicated via the Covid-19 Delegation Manager.

ONLY after the negative PCR test result is obtained, the participants are allowed to leave the hotel room.

Following the rules in this protocol, it is allowed to walk around outside, but stay on the Papendal site.

For the meals, a separate room is set up in the hotel, where the delegations can have breakfast, lunch and dinner.

Throughout your stay

1. Within the bubble 2 subgroups will be created: male teams and female teams. The groups must not meet - neither during training nor during breakfast, lunch and dinner.

2. **Every morning before training antigen tests will be performed. Every country pay only two tests per person. Cost of the test is 30€ Euro which has to be paid by the participating federation prior the arrival. Other costs will be covered by the Dutch Judo Federation.**

3. Wash/sanitise your hands regularly, especially if you have had contact with a person or an object. Competitors should wash and disinfect their hands and feet regularly, especially before the warm-up and the training.

4. Wear a mask at all times (change it at least twice a day). Exceptions: masks are not obligatory during the training. Masks may be removed while eating in dining areas. Maintain 1.5 m distance at all times.

5. Submit yourselves to contactless temperature measurement by the organiser on arrival at the point of entry in the country, at accommodation premises, throughout the training camp to be accepted by all accredited population.

Anyone registering a high temperature will be asked to remain outside and their delegation COVID-19 Manager and the LOC COVID-19 Manager will be contacted. An opportunity to recheck their temperature will be given, if it is still high a final decision will be made by the LOC COVID-19 Manager.

In case of positive result

Each case will be consulted with the local epidemiological authorities.

Quarantine period: 10 days

Quarantine hotel: Hotel Papendal

Anyone with a positive test MUST stay in the quarantine hotel provided by the organiser. The cost must be paid by the National Federation.

Insurance

It is the responsibility of the National Federation to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19-related costs. The organiser of the event and the EJU accept no liability for any claims relating to cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect a National Federation delegation member during the event.

Symptoms after arrival

Anyone who experiences symptoms after arrival must immediately contact their Team COVID-19 Manager

Local Covid Manager: Belinda Slagter; b.slagter@jbn.nl ; +31(0)621556406

Exit tests

Exit PCR tests may be booked with the organiser, if required. This also applies to PCR test for European Open Zagreb.

Where to book: trainingcamp@jbn.nl

Price: 100€

4. Venue

Olympic training centre Papendal



Ruska hall national training centre judo

Papendallaan 8, 6816 Arnhem

The Netherlands

5. Participation

EJU/IJF Member Federations can participate at the OTC. The numbers of athletes participating in the EJU OTC is limited to athletes who have potential chances for Olympic promotion.

Due to COVID-19-regulations limit the number of athletes will apply. Due to the pandemic situation, EJU member NF-s will have priority.

6. Deadlines

Visa application:	March 31st 2021
Reservation Form Hotel/Transport:	April 5th 2021
Payment before:	April 5th 2021
Final Entry by name, Rooming list:	April 5th 2021

7. EJU Participation Fee

30 € per participating athlete of EJU Member Federations

100 € per participating athlete of Non-EJU Member Federations

8. Age

15 years old and over (Born in 2006 and before)

9. Responsibility of the Federations

The athletes will train under the full responsibility of their National Federations. Each National Federation is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and Dutch Judo Federation decline all responsibility.

10. Facilities

Dojo

- The Dojo is only accessible 15 minutes before the training and must be left immediately after the training.
- Disinfect your hands before and after every training with the lotion at the entrance.
- Drink only water from your own bottle.
- The water in the Netherlands from the sink is purified, so you can fill your bottles at all cranes.
- Physical therapists or doctors must wear a mask for examination and treatment.
- Take and clean your own garbage after a training session.
- Showering at your own room.
- The dojo will be cleaned after each training session.

Strength and conditions room

- Strength and conditions room is open but keep 1,5 meter distance from each other.
- Time schedule will follow.
- Disinfect your hands before and after the training.
- A towel is mandatory to use to place underneath.
- The materials must be disinfected after use.
- Follow the directions of signs and of Papendal co-workers at all times.

To use the strength and conditions room you have to send a request to the organization (trainingcamp@jbn.nl)

11. Transport

Our advice is to come with your own transport to Papendal as much as possible.

If you need transport from Schiphol airport to Papendal it is € 40,00 per person, one way fare.

Transportation from Eindhoven Airport or Düsseldorf Weeze Airport available upon request. An

extra fee will be charged depending on group size, time of arrival/departure etc. Please contact for further details.

12. Accommodation

Arrivals are allowed only on Friday 23th April or Saturday 24th of April.

Room type	Costs per person, per night	Five nights, per person	Six nights, per person	Seven nights, per person
Single	€ 150,00	€ 750,00	€ 900,00	€ 1050,00
Double	€ 110,00	€ 550,00	€ 660,00	€ 770,00

Minimum stay of five nights required

Because the no. of single rooms is limited, max. 2 single rooms will be allocated to a National Federation. Hotel reservation is handled on a first-come, first-served basis. Only bookings using the hotel reservation form will be accepted. Prices are per person, per night.

Category A: Hotel Papendal – Papendallaan 3, 6816 VD Arnhem

FULL BOARD ACCOMODATION

TRAINING VENUE AND RESTAURANT ARE AT WALKING DISTANCE FROM YOUR ROOM

Hotel information

Full board starts with dinner on the evening of Friday 23th or Saturday 24th April and ends with breakfast on day of departure. Check-out no later than 10:00 am, otherwise an additional night will be charged.

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

13. Cancellation policy

Cancellation before April 6 th 2021:	full	refund
Cancellation between April 6 th and April 15 th	50%	refund
Cancellation on or after April 15 th :	no	refund

All cancellations must be sent as soon as possible to the organizer.

In case of tournament cancellation by the EJU or the Netherland authorities full payment will be refunded.

14. Payment

To confirm your entry, kindly complete the payment for accommodation before April 5th 2021 to our bank account. All bank fees and money transfer costs must be paid by the sender federation.

Account name:	Judo Bond Nederland
Name of bank:	RABOBANK
Bank Address:	Croeselaan 18, 3500 HG Utrecht
Account No. IBAN:	NL52RABO0381033937
SWIFT address:	RABONL2U
Payment Reference:	Booking 'your country' EJU TC Papendal

15. Visa

For nations who need VISA to enter the Netherlands, please send the enclosed "Visa Application Form" fully filled not later than **March 31st 2021**.

16. Training program

Date		Training
Monday, April 26th	Morning	9.00-10.30 Women
	Morning	11.00-12.30 Men
	Afternoon	16.00-17.30 Women
	Evening	18.00-19.30 Men
Tuesday, April 27th	Morning	9.00-10.30 Men
	Morning	11.00-12.30 Women
	Afternoon	16.00-17.30 Men
	Evening	18.00-19.30 Women
Wednesday, April 28th	Morning	9.00-10.30 Women
	Morning	11.00-12.30 Men
	Afternoon	FREE
	Evening	FREE
Thursday, April 29th	Morning	9.00-10.30 Men
	Morning	11.00-12.30 Women
	Afternoon	16.00-17.30 Men
	Evening	18.00-19.30 Women
Friday, April 30th	Morning	9.00-10.30 Women
	Morning	11.00-12.30 Men
		Departures
Saturday 1 May		Departures