



COIMBRA EJU OTC 2022

Coimbra - Portugal

August 29- September 03, 2022

1. Date

August 29th – September 3rd 2022

Training program is attached to the outlines

2. Organizer

Portuguese Judo Federation:
Rua Alves Redol N1, Lojas A/B-2675-285
Odivelas, Portugal

Tel.: +351213931630
Email: secretaria@fpj.pt

Emergency Contact:

Mr. Sergiu Oleinic
+351961969799; portugalevents@fpj.pt

3. Regulations to minimize COVID-19 related risks

Anyone not complying with the conditions of participation described in these outlines will not be eligible to take part in the event and will be subject to disciplinary action.

The fundamental principle throughout all EJU events during the Covid-19 era is to protect and be protected by wearing a mask, sanitising, distancing and respecting the recommendations of the EJU protocol. All participants have the mutual responsibility to protect one-another.

Each National Federation delegation participant (athlete, coach, team official, physiotherapist, doctor, President etc.) must have read and understood the latest version of the Protocol for resuming IJF events during the Covid-19 pandemic which can be found here: covid.ijf.org.

PLEASE NOTE:

- **Each National Federation taking part must nominate a Covid-19 Manager who is fluent in English.**
- **There can only be ONE (1) COVID-19 MANAGER PER FEDERATION!**

Before Travelling

1. Check if you need a visa, and if yes - request it from the organiser. Please send a good quality passport copy (PDF) and filled in Visa Application form to Sergiu Oleinic by the email: portugalevents@fpj.pt. Please, see visa form uploaded.
2. Book accommodation and send a detailed rooming list. Last minute changes can be accommodated whilst the delegation waits in the bus or outside the hotel.
3. Present on arrival: 1 PCR test which is not older than 96 hours (no matter vaccinated or not). During the period when the test is done you should stay isolated and limit contact with other people as much as possible. If you experience any kind of symptoms do not start to travel (even with negative PCR test).
4. Present upon arrival IJF Liability Release Waiver which is uploaded to my.ijf.org once and is valid through the whole year 2022. The document can be found under the link: <https://www.ijf.org/covid19/2663> and on EJU homepage for every event.
5. **PCR test and Liability Release Waiver must be uploaded to the platform my.ijf.org by NF administrator well in advance BEFORE TEAM ARRIVAL.**

Entering Portugal

The following must be brought/at hand for border control:

1. Passport, ID, and applicable visas, as required
 - All regular border-crossing regulations must be followed regarding the validity of passports and visas, as applicable for each respective country
 - Border control officers will check documents (passports or other documents that contain similar information to those in passport)
2. Official Invitation from the **Portuguese Judo Federation**
3. Negative PCR test not older than 72 hours, antigen not older than 24 hours or vaccination or recovery valid certificate

All rules to enter the country can be found under the link: <https://reopen.europa.eu/pt/from-to/DEU/PRT>; <https://www.visitportugal.com/pt-pt>

Please, check if you need any additional documents.

Entering a bubble

The event venue (hotels, training hall etc.) will be classified as bubbles and to reduce risk a "bubble to bubble" concept will be used. People are NOT allowed to leave their bubble as contamination could occur endangering the safety of the event and the health of the participants.

1. Upon entering the bubble
 - If you have valid vaccination certificate or recovery certificate* – rapid antigen test will be done
 - If you do not have valid vaccination or recovery certificate one (1) PCR test per participant will be performed immediately upon arrival.

The tests will be held at the **Official Hotels**

*- the definition of fully vaccinated or recovered can be found in IJF Covid-19 protocol: [covid.ijf.org](https://www.ijf.org)

2. Cost of the tests: **80 €** PCR and **25 €** rapid antigen which has to be paid by the participating federation prior the arrival.
3. Until PCR test results are obtained, all participants must remain in their hotel rooms, where water and any paid meals will be ensured until the receipt of the test results.

Throughout your stay

1. Within the bubble 2 subgroups will be created: male teams and female teams. The groups must not meet - neither during training nor during breakfast, lunch and dinner
2. Wash/sanitise your hands regularly, especially if you have had contact with a person or an object. Competitors should wash and disinfect their hands and feet regularly, especially before the warm-up and the training.
3. Mask wearing is optional*, unless it is mandated by the host country's government with the exceptions of: competing/refereeing/coaching/medal ceremonies, on/at the Field of Play tatami, on the warm-up tatami whilst warming up or on the training tatami whilst training, or while eating in designated dining areas.
4. Submit yourselves to contactless temperature measurement by the organiser on arrival at the point of entry in the country, at accommodation premises, throughout the training camp to be accepted by all accredited population.

Anyone registering a high temperature will be asked to remain outside and their delegation COVID-19 Manager and the LOC COVID-19 Manager will be contacted. An opportunity to recheck their temperature will be given, if it is still high a final decision will be made by the LOC COVID-19 Manager.

In case of positive result

Each case will be consulted with the local epidemiological authorities.

Quarantine period: 7 days

Quarantine hotel: **Same hotel of booked accommodation.**

Anyone with a positive test **MUST** stay in the quarantine hotel provided by the organiser. The cost must be paid by the National Federation.

Insurance

It is the responsibility of the National Federation to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19-related costs. The organiser of the event and the EJU accept no liability for any claims relating to cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect a National Federation delegation member during the event.

Symptoms after arrival

Anyone who experiences symptoms after arrival must immediately contact their Team COVID-19 Manager

Local Covid Manager: Dr. Maria da Luz Fernandes +351911105185

Exit tests

Exit PCR tests may be booked with the organiser, if required.

Where to book: welcome desk

Price: 80€/PCR and 25€/antigen

4. Venue

Competition venue: Pavilhão Multidesportos Dr. Mário Mexia

Address: R. Abel Dias Urbano 20, 3000-001 Coimbra

5. Participation

EJU/IJF Member Federations can participate at the OTC. The numbers of athletes participating in the EJU OTC is limited.

6. Deadlines

Visa application:	July 25th, 2022
Reservation Form Hotel/Transport:	July 25th, 2022
Payment before:	July 25th, 2022

Final Entry by name, Rooming list:

August 15th, 2022

7. EJU Participation Fee

30 € per participating athlete of EJU Member Federations

100 € per participating athlete of Non-EJU Member Federations

8. Age

15 years old and over (Born in 2007 and before)

9. Responsibility of the Federations

The athletes will train under the full responsibility of their National Federations. Each National Federation is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and Hungarian Judo Association decline all responsibility.

10. Accreditation

At least one team delegate (and not more than 2) who have been tested on spot and received negative results must attend the accreditation on **28 of August from 8:00 till 16:00** at the at the Hotel D. Luis to confirm the entries of all athletes and officials and accommodation payment. Very important: Each National Federation must be represented by a team leader or coach responsible for registration of ALL athletes from the respective National Federation, regardless club or other membership. Every National Federation will be accepted for accreditation only once, when all entries and payments can be confirmed at the same time.

11. Facilities

2 halls 800 m2 + 600 m2 tatami, weight lifting rooms etc.

Running tracks in a stadium.

12. Transport

Arrival Airport: Lisbon International Airport (200km from Coimbra); Oporto International Airport (130km from Coimbra) from both airports will be charged 30 Euro per way per person.

Arrival train station: Coimbra

13. Accommodation

Arrivals are allowed only on 28 and departures on 17 April

Address: H-2890 Tata, Baji str. 21

<i>Hotel D. Luis*** Category B 60 rooms available</i>	<i>Price per person per 6nights</i>	<i>Extra nights</i>
<i>Full Board Single</i>	510 €	85 €
<i>Full Board Double</i>	420 €	70 €

<i>Hotel Vila Gale**** Category A</i>	<i>Price per person per 6nights</i>	<i>Extra nights</i>
<i>Full Board Single</i>	840 €	140 €
<i>Full Board Double</i>	720 €	120 €

Accommodation reservation system:

Accommodation contact person: portugalevents@fpj.pt

Reservations will be processed strictly according to the date of your payment.

Check-out not later than 11:00 am, otherwise an additional night will be charged.

Full board is starting with dinner on the day of arrival, and ending with breakfast on the day of your departure.

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

14. Cancellation policy

After 15 of August 2022: no refund

In case of event cancellation by the EJU or the Portuguese authorities full payment will be refunded.

15. Payment

To confirm your entry, kindly complete the payment for accommodation **before 25th of July 2022** to our bank account. All bank fees and money transfer costs must be paid by the sender federation.

Bank Details:

Name: Novo Banco – Balcão SANTOS

Address: Lardo Conde Barão N°9, 1200-118 Lisboa

Account Nr.: 041035060007

IBAN: PT50 0007 0041 0003 50600077 9

SAWIFT: BESCPTPL

Payment reference: "Country" OTC 2022

16. Visa

For nations who need VISA to enter Portugal, please send not later than **25th of July 2022** to Sergiu Oleinic portugalevents@fpj.pt

17. Training Support by EJU Refereeing Commission

EJU Refereeing Commission members will attend the OTC on August 31, 2022

18. Training program

28 August Sunday	29 August Monday	30 August Tuesday	31 August Wednesday	1 September Thursday	2 September Friday	3 September Saturday
Arrivals & Acreditation	9.00 10.30 WOMEN	9.00 10.30 WOMEN	9.00 10.30 WOMEN	9.00 10.30 WOMEN	9.00 10.30 WOMEN	9.00 10.30 WOMEN
	10.00 11.30 MEN	10.00 11.30 MEN	10.00 11.30 MEN	10.00 11.30 MEN	10.00 11.30 MEN	10.00 11.30 MEN
	16.00 18.00 WOMEN	16.00 18.00 WOMEN	16.00 18.00 WOMEN	16.00 18.00 WOMEN	16.00 18.00 WOMEN	Departures
	17.00 19.00 MEN	17.00 19.00 MEN	17.00 19.00 MEN	17.00 19.00 MEN	17.00 19.00 MEN	