



EUROPEAN  
JUDO  
UNION

JUNIOR  
EUROPEAN  
JUDO TOUR

## EVENT OUTLINES

# Coimbra Junior European Cup 2023

March 25<sup>th</sup> – 26<sup>th</sup> 2023

# Coimbra EJU Junior Training Camp

March 27<sup>th</sup> – 29<sup>th</sup> 2023



**IJF Junior World Ranking Event**

## 1. ORGANISER

### Portuguese Judo Federation

Address: Rua Alves Redol, 1 - Lojas A/B, 2675-285 Odivelas

Email: [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt)

Tel: +351213931630

### Emergency Contacts:

General matters Mr. Sergiu Oleinic; [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt); +351961969799

Accommodation: Mr. Sergiu Oleinic; [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt); +351961969799

Transport Mr. Sergiu Oleinic; [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt); +351961969799

## 2. IMPORTANT INFORMATION

### Before Travelling

Passports must be valid for at least 6 months from the date of arrival.

- Check host country entry requirements and airline requirements (if applicable).
- Check if you need a visa, and if yes, request it from the LOC according to the details in the

### ENTERING THE HOST COUNTRY

- Send travel information (arrival and departures) to the LOC.
- Book accommodation with the LOC.
- Upload signed IJF Liability Release Waiver 2023 to [my.ijf.org](http://my.ijf.org)
- The form can be found at: [covid.ijf.org](http://covid.ijf.org) or at the EJU homepage for the event section of the calendar.

### Entering host country

Each individual is responsible to ensure they follow the entry rules (passport validity, visas, entry permission letter, COVID-19 etc.) for the host country. Entry rules may be subject to change, the current information can be found here: <https://imigrante.sef.pt/en/#sabermais>

### Insurance

It is the responsibility of each participant to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19 related costs, including repatriation. The LOC of the event and the EJU accept no liability for any claims relating to cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect them during the event.

### Before and during the event

- Follow the host country's Government COVID-19 measures (see **ENTERING THE HOST COUNTRY** section).
- Follow the IJF COVID-19 Protocol rules ([covid.ijf.org](http://covid.ijf.org)).
- Wash/sanitise your hands regularly.
- Report to the EJU or LOC COVID-19 Manager and submit yourself to contactless temperature measurement and/or COVID-19 testing in case of COVID-19 infection suspicion.
- The LOC Government measures may be stricter than those detailed in the IJF COVID-19 protocol or vice versa, the stricter rules MUST be followed.

### Mask wearing

Mask wearing is optional\*, unless it is mandated by the host country's government with the exceptions of competing/refereeing/coaching/awarding ceremony, on/at the field of play tatami, on the warm-up tatami whilst warming up or on the training tatami whilst training, or while eating in designated dining areas.

\*The EJU Medical Commission still recommend the wearing of masks in areas where social distancing is not possible.

### Exit tests

Exit tests, if required, may be booked with the LOC on spot at the accreditation.

With any COVID-related questions pre-event, please contact: [headoffice@eju.net](mailto:headoffice@eju.net).

## 3. COMPETITION PLACE

Sport Hall: Pavilhão Multidesportos Dr. Mário Mexia

Address: R. Gen. Humberto Delgado, 3030-320 Coimbra; <https://www.cm-coimbra.pt/areas/viver/desporto/equipamentos-desportivos/pavilhao-multidesportos-m-m>

## 4. AGE

15 to 20 years old (Born 2003 - 2008)

## 5. PARTICIPATION

This Junior European Cup is open for **all EJU/IJF Member Federations** In case of pandemic outbreak restrictions for the number of participants may apply. The competitors must be of the same nationality as the National Federation, which enters them.

## 6. CATEGORIES & DURATION

Male: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg

Female: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg

Duration: 4 minutes Golden Score: No time limit

## 7. ENTRY FEE

The EJU entry fee of **10€** per athlete must be paid.

## 8. DEADLINES

Visa form:

Friday, February 24<sup>th</sup>, 2023

Hotel Reservation:

Friday, February 24<sup>th</sup>, 2023

Hotel payment:

Friday, March 10<sup>th</sup>, 2023

**JUDOBASE Registration:**

**Friday, 10<sup>th</sup> March 2023**

Travel details:

Friday, March 10<sup>th</sup>, 2023

Rooming List:

Friday, March 17<sup>th</sup>, 2023

## 9. PROGRAM

Attention: The schedule may be modified according to total number of entries and circumstances of competition.

Friday, March 24 <sup>th</sup> 2023		
10:00 – 17:00	Accreditation	Hotel D. Luis
18:00 – 18:30	Unofficial weigh-in	Hotel D. Luis and Hotel Vila Gale
18:30 – 19:30	Official weigh-in Women: <b>-63, -70, -78, +78 kg</b> Men: <b>-60, -66, -73 kg</b>	Hotel D. Luis and Hotel Vila Gale
19:00	Draw	<b>Online</b>
Saturday, March 25 <sup>th</sup> 2023      Women: <b>-63, -70, -78, +78 kg</b> Men: <b>-60, -66, -73 kg</b>		
08:00	Referee Meeting	Pavilhão Multidesportos Dr. Mário Mexia
09:00	Eliminations/Repechage/Semi finals	Pavilhão Multidesportos Dr. Mário Mexia
After	Final Block: Bronze Medal Contests, Finals	Pavilhão Multidesportos Dr. Mário Mexia
18:00 – 18:30	Unofficial weigh-in	Hotel D. Luis and Hotel Vila Gale
18:30 – 19:30	Official weigh-in Women: -48, -52, -57 kg Men: -81, -90, -100, +100 kg	Hotel D. Luis and Hotel Vila Gale
Sunday, March 26 <sup>th</sup> 2023      Women: <b>-48, -52, -57 kg</b> Men: <b>-81, -90, -100, +100 kg</b>		
09:00	Eliminations/Repechage/Semi finals	Pavilhão Multidesportos Dr. Mário Mexia
After	Final Block: Bronze Medal Contests, Finals	Pavilhão Multidesportos Dr. Mário Mexia
Monday-Wednesday, March 27 <sup>th</sup> - 29 <sup>th</sup> , 2023 – Coimbra EJU Junior Training Camp (see details in Par. 26)		

## 10. JUDOBASE REGISTRATION

All participants and delegates must be registered for this event in the IJF Registration System (**JUDOBASE**): <https://admin.judobase.org/> .

Deadline for JUDOBASE Registration is **Friday, March 10<sup>th</sup> 2023**

	NO IJF Official ID Card	Late entry	Replacement IJF Official ID Card: YES
<b>Athletes</b>	<ul style="list-style-type: none"> <li>• ENTRY NOT POSSIBLE</li> <li>• REPLACEMENT NOT POSSIBLE</li> </ul>	<b>ENTRY NOT POSSIBLE</b>	0€
<b>Other delegates (Head of delegation, Coaches, Physios, Doctors, ...)</b>			0€

Please note:

- **Late entries are NOT POSSIBLE, only replacements 1:1.**
- Persons, who are banned by their Federation or IJF cannot be entered as late entry or replacement.

## 11. ACCREDITATION & CONTROL OF NATIONALITY

At least one team delegate (and not more than 2) must attend the accreditation on **Friday from 10:00 – 17:00** on time in order to confirm the entries of all athletes and officials with his signature on the delegation confirmation list. A delayed appearance or no-show may result in the exclusion of all participants from the draw and the event. In case of unforeseen delay of arrival, the National Federation must immediately contact both the organiser and the EJU ([headoffice@eju.net](mailto:headoffice@eju.net)).

Passports or photocopies of passports from all competitors must be available on request (national ID Card showing nationality, picture and date of birth or a copy is also accepted). The competitors must not be present at the nationality control.

**Very important:** Each National Federation must be represented by a team leader or coach responsible for registration of **ALL athletes from the respective National Federation**, regardless club or other membership. **Every National Federation will be accepted for accreditation only once**, when all entries and payments can be confirmed at the same time.

## 12. COMPETITION MODE

The competition will be conducted in accordance with the latest IJF SOR and IJF Refereeing Rules. Competition systems according to number of participants:

- 6 and more entries: Double repechage
- If there are one (1) to five (5) athletes the low numbers competition systems and rules apply.

### Low numbers competition system rules

No	Medals awarded	WRL points awarded (if applicable)	Competition System
5*	Gold, silver and one bronze	First, second, one third and one or two fifth (only if the athlete won one contest in the round robin) place.	The athletes will be divided as follows: Pool A – 3 athletes will compete in a round robin system. The winner will go to the final, the second will compete against the loser from pool B in the bronze medal contest. Pool B – 2 athletes will compete for a place in the final
4*	Gold, silver and one bronze	First, second and one third place.	Pool system with two (2) single contests, then a contest between the two (2) losers for the single bronze medal and a contest between the two (2) winners for the gold and silver medals.
3*	Gold, silver and one bronze (for individuals, if one contest was won)	First, second and third (only if one contest was won) place.	A round robin system will be held in the elimination round. The best and the second best will compete in a final for the gold and silver medal. The third athlete will be awarded the single bronze (for individuals, only if one contest was won).
2*	Gold (individuals)	First place.	One final contest.
1*	None	No	No competition

\*Participation points given (if applicable).

If only one (1) athlete passes the weigh-in there will be no competition.

## 13. DRAW

The draw will be held ONLINE.

Seeding: The top eight (8) from the entered competitors in each weight category will be seeded according to the current IJF Juniors World Ranking List.

## 14. WEIGH-IN

Official weigh-in for each weight category is held the evening before the competition day (see program). Athletes must present their EJU accreditation card and their passport (National ID Cards showing nationality, picture and date of birth are also accepted).

Official scales or test scales will be available for test weigh-in on Friday and Saturday from 08:00 – 22:00 (except during official weigh-in from 18:30-19:30).

## 15. REFEREEING

Each federation may enter 2 referees. The organizing federation may enter as many referees as required for the realization of the tournament but giving priority to their own Continental/International referees first and then their national referees with the highest national license with at least 2 years of experience.

If enough Continental/International referees are inscribed in Judobase, the organizing federation has to limit its number of national referees to 1 per mat.

**JUDOBASE registration deadline for referees: Friday, 10<sup>th</sup> March 2023**

**The bow:**

- The contestants must not shake hands BEFORE the start of the contest.
- When the athletes are leaving the mat they must wear judogi in proper way and are not allowed to take out any part of the judogi or the belt before leaving the field of play.

## 16. COACHING

All coaches must fully adhere to the Code of Conduct for Judo Coaches.

Dress Code Elimination rounds: National track suit with trousers reaching down to shoes or jacket suit with tie  
Final block: Jacket suit with tie

## 17. TRANSPORT

**Airport:** Lisbon Airport

**Railway station:** Coimbra-B

**Bus station:** Rodoviaria Coimbra & Flixbus Station

The organizer will provide transfers between the airport and official hotels, between the official hotels and competition venue, draw, accreditation and official weigh-in places.

Transfers from the official airport will be charged € 35 per person/one way.

## 18. ACCOMODATION

All delegations, who inscribe for an EJU event should reserve their accommodation in the official hotels published in the event outlines. The reservation must be made with the local organising committee (not directly with the hotel).

The organiser proposes the following official hotels:

### Hotel Vila Gale (Cat. A)

Address: R. Abel Dias Urbano 20, 3000-001 Coimbra; <https://www.vilagale.com/pt/hoteis/centro-de-portugal/vila-gale-coimbra>

check-in time: 14:00; check-out time: 12:00

Distance to the airport: Lisbon - 194 km; Oporto - 197 km; distance to the sports hall: 7,8 km

Prices per person	B&B	Lunch in the hotel	Lunch box in the venue	Dinner
Single room	140 €	18 €	15 €	18 €
Double room	105 €			

### Best Western Hotel D. Luís (Cat. B)

Address: Rotunda Ponte Rainha Santa Isabel, 3040-091 Coimbra; <http://www.hoteldluis.pt/>

check-in time: 14:00; check-out time: 12:00

Distance to the airport: Lisbon - 194 km; Oporto - 197 km; distance to the sports hall: 7,8 km

Prices per person	B&B	Lunch in the hotel	Lunch box in the venue	Dinner
Single room	110 €	17 €	15 €	17 €
Double room	80 €			

**Hotel booking and transfers have to be made directly with the organiser:** Mr. Sergiu Oleinic; [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt); +351961969799

**Obligatory minimum stay in the official hotel is 2 nights.**

Participants are allowed to book their own accommodation. In this case for every accredited person a service fee of **120 €** applies to be paid to the organizer. **In case when participants book accommodation in the official hotel on their own and pay service fee – they can use official transfers hotel-venue-hotel but have to inform the organizer that they will use this transfer well in advance that the organizer have enough capacity. If delegation stays in unofficial hotel, transfer will be quoted separately**

**Hotel reservation deadline:** Friday, February 24<sup>th</sup>, 2023

**Hotel payment deadline:** Friday, March 10<sup>th</sup>, 2023

**Cash payment upon arrival is not allowed. All payments have to be done in advance per bank transfer. Reservation will be confirmed only after payments**

#### **Deadlines and cancellation policy:**

Hotel deadline is 30 days before the accreditation day. The reservation sent by then is binding. For reservations sent after the hotel deadline, the organizer can charge an **extra surcharge of 30%**. However, in this case the organizer is not obliged to provide accommodation and can just charge the service fee.

Replacements must be free of charge.

Cancellations 29 to 15 days before the Accreditation Day: 50% refund.

Cancellations within 14 or less days of before the Accreditation Day: no refund

**In case of tournament cancellation by the local authorities full payment will be refunded.**

Important: Injuries, visa problems or sickness are not valid reasons for cancellation of rooms.

In case of any damage to hotel property or competition venue caused by members of a delegation, their national federation will be charged by the organizing committee.

## **19. PAYMENT**

Kindly complete the payment for accommodation and entry fee to our bank account:

Bank Address	NOVO BANCO - Balcão LX -LAPA
Bank Name	R. Buenos Aires 5, 1200-732 Lisboa
Account no:	41035060007
IBAN:	PT50 0007 0041 0003 50600077 9
SWIFT:	BESCPTPL
Payment reference	"Country" EJCup2023

All bank fees and money transfer costs must be paid by the sender federation. The person attending accreditation must bring proof of the bank transfer.

## **20. JUDOGI CONTROL**

### **Approved Judogi**

All Judoka must compete in IJF Approved Judogi (only red label allowed) and Judogis from all IJF suppliers are allowed (see [www.ijf.org](http://www.ijf.org) → <https://www.ijf.org/supplier-list>).

### **Judogi Control**

It will be operated with a Sokuteiki prior to the fight. Judogi must have an IJF Official Label "APPROVED JUDOJI" with an optical code which cannot be falsified. The label will be controlled with

an optical lamp. Each of the competition clothing articles (jacket, trousers and belt) must have an IJF official label.

### **Backnumber**

Each competitor taking part in the EJU events is obliged to have sewn on the back of his Judogi the official backnumber (both EJU and IJF are allowed) bearing his surname and his National Olympic Committee abbreviation. The backnumber can be ordered from [www.mybacknumber.com](http://www.mybacknumber.com) or [www.officialbacknumber.com](http://www.officialbacknumber.com) (Attention: production and delivery may take around 4 weeks). The SPONSOR part (if needed) will be given to the head of delegation during registration, and the athletes can stick it themselves using the special glue on the back number.

### **Markings and Advertising**

The space on the **shoulder stripes** (25cm x 5 cm on both right and left side) and on the **upper arms** (10cm x 10cm on both right and left side) can be either used for own sponsors of the Federation or Judoka or EJU Suppliers, **BUT not for any other Judogi supplier.**

The space on the **right chest** (5cm x 10cm) can be used by the Judoka for his/her own sponsor. The logo of a Judogi brand can only be used, if it corresponds with the brand of the Judogi itself and if it is an EJU Supplier. Further, no logo of a competing brand of the advertising reserved for the Federation can be used (unless approval granted by the Federation).

**Please note:** On all advertising spaces it is strictly prohibited to promote tobacco, alcohol, any substances listed in the doping code, or any product or service contrary to public morals. The space on the **left chest** (10cm x 10cm) can be used for the national colours or the national emblem corresponding with the IOC code on the backnumber (regional emblems are not allowed).

All other markings on the Judogi, like Judogi brand logos, name of Judoka, etc. have to comply with the IJF Judogi Rules.

Detailed information is available on <http://www.eju.net/statutes>.

### **Important:**

- If an athlete does not respect the Judogi rules, the athlete will not be permitted to pass the Judogi Control, and the coach who is responsible for the athlete will be suspended for the rest of the competition day.
- The organiser is not obliged to provide reserve Judogi at Judogi Control, but the athlete is allowed to present himself in another IJF Approved Judogi, complying with the Sokuteiki rule (and without backnumber) - in this case no coach can go with this athlete to the mat!
- In the case of a repeated offence the coach will be suspended for the rest of the competition.

## **21. RESPONSIBILITY OF FEDERATIONS**

The competitors will compete under the full responsibility of their federations. Insurance: Each national federation is responsible for insuring its competitors against "injury and third part risk (public liability)" during the period of the event. The European Judo Union and the organiser decline all responsibility.

### **Consent for Photography/Videos/Filming**

Delegates inscribed by their National Federations for EJU events consent to the EJU and its media partners to use content of them, including data, live results, photographs and/or video recordings (hereafter referred to as Media). This media may be obtained from National Federations and EJU. It will also be acquired by the EJU and its media partners from in and around all EJU event venues. Media could be used in print and digital media formats including print publications, websites, e-marketing, posters banners, advertising, film, broadcast, social media, education purposes and other purposes. The National Federation must ensure that they have the permission of each delegate or in the case of a minor the permission of the parent/guardian. If a delegate does not give consent, then the National Federation must inform the European Judo Union by writing to [headoffice@eju.net](mailto:headoffice@eju.net).



## 22. ANTI-DOPING

Anti-doping tests might be executed according to the **IJF MEDICAL AND ANTI-DOPING HANDBOOK (IJF SOR – Appendix E)**.

## 23. MEDIA

Journalists can apply for Media accreditation online using the following link:  
<https://www.eju.net/media/>.

## 24. VISA

For nations who need VISA to enter Portugal, please send the enclosed "Visa Application Form" fully filled not later than Friday, February 24<sup>th</sup>, 2023 and submit to Mr. Sergiu Oleinic;  
portugalevents@fpj.pt.

## 25. TRAINING

Tatami for training will be available in the official hotels.  
Thursday-Friday, March 23<sup>rd</sup>- 25<sup>th</sup> 2023: from 10:00 till 21:00  
Booking of training sessions will be done by the organiser on spot at the accreditation.  
Training on competition days in the sports hall warm up arena is allowed after 14:00.

## 26. TRAINING CAMP

Training Camp will be organised after Coimbra Junior European Cup from March 27<sup>th</sup> till March 29<sup>th</sup>.in the hotel: Hotel D. Luis.

Accommodation for the Training camp will be in the same hotels as for the Junior Cup.

**Accommodation prices for only** for the Camp are following:

### **Hotel D. Luis:**

Prices per person	Full Board
Single room	110 €
Double room	90 €

### **Hotel Vila Gale (the same prices as for the Junior Cup)**

Prices per person	B&B	Lunch in the hotel	Lunch box in the venue	Dinner
Single room	140 €	18 €	15 €	18 €
Double room	105 €			

Participants of the Training Camp are allowed to book their own accommodation. In this case for every accredited person **a service fee of 60 €** applies to be paid to the organizer.

Morning training time: 10:00 – 12:00

Afternoon training time: 17:00 – 19:00.