



## EJU OTC 'Going for Gold' Men/Women

10 - 19 March 2011 Nymburk - Czech Republic

Organizer:	Czech Judo Federation Zátokova 100/2 160 17 Praha 6 / Czech Republic	Tel. Number: +420 23303550280 Fax Number: +420 257 214 265 E-mail: <a href="mailto:sejudo@cstv.cz">sejudo@cstv.cz</a>															
Emergency Contact Numbers	Mr. Pavel Volek +420 233 355 280 - office / +420 603 854 221 - mobile																
Venue:	Sports Center Sportovní 1802 288 35 Nymburk, Czech Republic  Olympic Sports Center (SC) is located 50 km east of Prague in a quiet park environment																
Location:	Can be easily reached by motorway, frequent train service from Prague. Transfer from Prague intl. airport 70 min., from main train station 50 min. by bus																
Facilities:	Central hall 1000 m <sup>2</sup> tatami, two multipurpose halls, each 600 m <sup>2</sup> , weight lifting rooms with barbells, machines, 1 fitness room - spinning, etc. Athletic training track with tartan lanes, running tracks in a park, football fields with grass or artificial surface. Swimming pool 25m with 2 x sauna, spa area - hot pool with air massage, jacuzzi, sauna. Massage rooms on each floor Leisure time games (darts, billiard, table tennis, etc.). Cafeteria with optional service																
Accommodation:	Two hotels in the Sports Centre, single – double – triple bed rooms. All rooms with private bathroom, sat-TV, free wireless internet. Laundry service (pay service).  Optional: Hotel Ostrov, 4* hotel about 1,5 km from Sports Centre.																
Boarding:	Full board, buffet for breakfast, lunch, dinner. Variety of meals with concern to high performance athletes diet																
Financial Conditions	<p><b>EJU supported athletes:</b> Top 3 in WRL and those athletes on a special EJU list will not pay for accommodation, organizers will invoice the EJU 60€ / night in DBL and TRP rooms. Single rooms subject to a limited availability.</p> <p>General participants:</p> <table border="1"><thead><tr><th>Prices per person / night</th><th>SGL</th><th>DBL /TRP</th></tr></thead><tbody><tr><td>Accommodation / 4 nights and more</td><td>80€</td><td>70€</td></tr><tr><td>Accommodation / less than 4 nights</td><td>90€</td><td>80€</td></tr><tr><td>Additional nights before / after OTC</td><td colspan="2">50€</td></tr><tr><td>Hotel Ostrov</td><td>100€</td><td>90€</td></tr></tbody></table> <p>Included: accommodation with full board, free use of all facilities (except for leisure time games). Free wireless internet. Hotel Ostrov: breakfast in hotel, lunch and dinner in Sports Centre. Transportation is not provided by organizers between Hotel Ostrov and SC Nymburk</p> <p>Accommodation must be booked <u>exclusively the Czech Judo federation</u>, other persons will not be accepted for training</p>		Prices per person / night	SGL	DBL /TRP	Accommodation / 4 nights and more	80€	70€	Accommodation / less than 4 nights	90€	80€	Additional nights before / after OTC	50€		Hotel Ostrov	100€	90€
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Transportation	Transport by bus / minibus from Prague airport / railway station and return: <b>20 €</b> /person																



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EJU Registration Fee	30 € per participating athlete for EJU members 100 € per participating athlete for non EJU members
Bank account	Name of bank: GE Money Bank, Praha 4, Czech Republic Account No. IBAN : CZ14 0600 0000 0001 8106 0351 SWIFT address : AGBACZPP Bank sorting Code : 1111 Cesky svaz juda
Training Schedule and Program	First training session, 10 <sup>th</sup> March: 17:00 - 19:00 Daily training sessions: 09:30 - 11:30 / 16:30 - 18:30 Last training session, 19 March: 09:00 - 11:00  Actual training program will be elaborated with EJU Coaching Commission and consulted with participating National Coaches on the spot.
Entries	First entry (by number), before <b>19<sup>th</sup> January 2011</b> Reservation Form Hotel / Transport <b>9<sup>th</sup> February 2011</b> / xls format electronic Final Entry by name, before <b>23<sup>rd</sup> February 2011</b> Payment, before <b>23<sup>rd</sup> February 2011</b> Note: Entry by name is very important for final list of athletes for EJU support !!
Liability	Neither the organizers of the event, nor the Czech Judo Federation (or any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to any property arising out of participations and traveling in connection with this event.
Entry Visa	For nations who need VISA to enter the Czech Republic, please send the enclosed "Visa Application Form" dully filled in, latest <b>9<sup>th</sup> February 2011</b>

Czech Judo Federation