



Kata Seminar

**Children Kata festival & Kata
seminar
in cooperation with European
Judo Union**

Reykjavík, 02. March 2024.



WORK PLAN

Saturday 02. March 2024

11:00-12:30 – Coaches seminar (Theory and practical training)

Lecture: Dr. Slavisa Bradic EJU

- ⇒ Introduction
- ⇒ Kata in judo - a short section through history
- ⇒ The goal of implementing a kata for children
- ⇒ Methodology of working with children
- ⇒ Kata for children - Method of evaluation in competition or demonstration

13:00-14:30

- ⇒ Children's kata festival – teaching/learning

14:30 to 15:30

- ⇒ Lunch

15:30 to 17:00

- ⇒ Children's kata festival - demonstration

17:00

- ⇒ Promotion ceremony