



**EUROPEAN
JUDO
UNION**

EVENT OUTLINES

Portimao Junior European Cup 2026

March 07th – 08th 2026

Portimao EJU Junior Training Camp

March 09th – 11th 2026

IJF Junior World Ranking Event



1. ORGANISER

Portuguese Judo Federation

Address: Rua Alves Redol, 1 - Lojas A/B, 2675-285 Odivelas

Email: portugalevents@fpj.pt

Tel: +351213931630

Emergency Contacts:

General matters: Mr. Sergiu Oleinic; portugalevents@fpj.pt; +351961969799

Accommodation: Mr. Sergiu Oleinic; portugalevents@fpj.pt; +351961969799

Transport: Mr. Sergiu Oleinic; portugalevents@fpj.pt; +351961969799

2. IMPORTANT INFORMATION

Before Travelling

Passports must be valid for at least 6 months from the date of arrival.

- Check host country entry requirements and airline requirements (if applicable).
- Check if you need a visa, and if yes, request it from the LOC according to the details in the

ENTERING THE HOST COUNTRY

- Send travel information (arrival and departures) to the LOC.
- Book accommodation with the LOC.

Entering host country

Each individual is responsible to ensure they follow the entry rules (passport validity, visas, entry permission letter, etc.) for the host country. The rules are subject to change, current ones are found here:

<https://vistos.mne.gov.pt/en/short-stay-visas-schengen/general-information/who-needs-a-visa#countries>

The LOC can provide official documentation such as letters of invitation or confirmation of participation to support visa application only for people who are inscribed in judobase for the event.

The decision to grant a visa rests solely with the relevant immigration authorities. Athletes and officials are responsible for ensuring compliance with the visa requirements of the host country.

Insurance

It is the responsibility of each participant to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any pandemic related costs, including repatriation. The LOC of the event and the EJU accept no liability for any claims relating to cancellation of the event due to any forc   majeure or medical costs for any pandemic related illness that may affect them during the event.

3. COMPETITION PLACE

Sport hall: Portim  o Arena

Address: Parque de Feiras e Exposi  es de Portim  o Caldeira do Moinho, R. do Moinho, 8500-726 Portim  o; <https://www.cm-portimao.pt/menus/servicos/desporto-e-juventude/espacos-desportivos/portimao-arena>

4. AGE

15 to 20 years old (Born 2006 - 2011)

5. PARTICIPATION

This Junior European Cup is open for **all EJU/IJF Member Federations**. In case of pandemic outbreak restrictions for the number of participants may apply. The competitors must be of the same nationality as the National Federation, which enters them. In special circumstances the athletes can have different nationality as the National Federation which enters them (see par. 1.7.2.2 "Junior and Younger Immigrants" of IJF SOR).



6. CATEGORIES & DURATION

Male: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg

Female: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg

Duration: 4 minutes

Golden Score: No time limit

7. ENTRY FEE

The EJU entry fee of **40 €** per athlete must be paid.

8. DEADLINES

Visa form:

Friday, February 06th, 2026

Hotel Reservation:

Friday, February 06th, 2026

Hotel payment:

Friday, February 13th, 2026

JUDOBASE Registration:

Friday, February 20th 2026

Travel details:

Friday, February 20th, 2026

9. PROGRAM

Attention: The schedule may be modified according to total number of entries and circumstances of competition. *The start time will be confirmed once the final number of athletes is known

Friday, March 06 th 2026		
10:00 – 17:00	Accreditation	RR Alvor Baia Resort
18:00 – 18:30	Unofficial weigh-in	RR Alvor Baia Resort
18:30 – 19:15	Official weigh-in Women: -63, -70, -78, +78 kg Men: -60, -66, -73 kg	RR Alvor Baia Resort
19:30	Draw	Online
Saturday, March 07 th 2026 Women: -63, -70, -78, +78 kg Men: -60, -66, -73 kg		
TBC*	Referee Meeting	Portimão Arena
TBC*	Eliminations/Repechage/Semi finals	Portimão Arena
After	Final Block: Bronze Medal Contests, Finals	Portimão Arena
18:00 – 18:30	Unofficial weigh-in	RR Alvor Baia Resort
18:30 – 19:15	Official weigh-in Women: -48, -52, -57 kg Men: -81, -90, -100, +100 kg	RR Alvor Baia Resort
Sunday, March 08 th 2026 Women: -48, -52, -57 kg Men: -81, -90, -100, +100 kg		
TBC*	Eliminations/Repechage/Semi finals	Portimão Arena
After	Final Block: Bronze Medal Contests, Finals	Portimão Arena
Monday-Wednesday, March 09 th - 11 th , 2026 – Portimao EJU Junior Training Camp (see details in Par. 27)		



10. JUDOBASE REGISTRATION

All participants must have a valid IJF card and be inscribed in judobase by their national federation (**JUDOBASE**): <https://admin.judobase.org/>.

Deadline for JUDOBASE Registration is **Friday, February 20th 2026**

	NO IJF Official ID Card	Late entry	Replacement IJF Official ID Card: YES
Athletes	<ul style="list-style-type: none"> ENTRY NOT POSSIBLE REPLACEMENT NOT POSSIBLE 	LATE ENTRY FEE 60 Euro	0€
Other delegates (Head of delegation, Coaches, Physios, Doctors, ...)		0€	0€

Please note:

- Late entries can be done on spot after payment of 60 Euro late entry fee. Late entry fee is paid additionally to EJU participation fee which is 40 Euro. In general 100 Euro has to be paid in case of late entry.
- Persons, who are banned by their Federation or IJF cannot be entered as late entry or replacement.

11. ACCREDITATION & CONTROL OF NATIONALITY

At least one team delegate (and not more than 2) must attend the accreditation on **Friday from 10:00 – 17:00** on time in order to confirm the entries of all athletes and officials with his signature on the delegation confirmation list. The confirmation of the delegation list is the full responsibility of the national federation. In case of unforeseen delay of arrival or changes/cancellation from the event the national federation must inform both the EJU (headoffice@eju.net) and the LOC (ejucupskopje@judo.org.mk). Passports or photocopies of passports from all competitors must be available on request (national ID Card showing nationality, picture and date of birth or a copy is also accepted). The competitors must not be present at the nationality control.

Very important: Each National Federation must be represented by a team leader or coach responsible for registration of **ALL athletes from the respective National Federation**, regardless club or other membership. **Every National Federation will be accepted for accreditation only once**, when all entries and payments can be confirmed at the same time.

12. COMPETITION MODE

The competition will be conducted in accordance with the latest IJF SOR and IJF Refereeing Rules. Competition systems according to number of participants:

- 6 and more entries: Double repechage
- If there are one (1) to five (5) athletes the low numbers competition systems and rules apply.

Low numbers competition system rules

No	Medals awarded	WRL points awarded (if applicable)	Competition System
5*	Gold, silver and one bronze	First, second, one third and one or two fifth (only if the athlete won one contest in the round robin) place.	The athletes will be divided as follows: Pool A – 3 athletes will compete in a round robin system. The winner will go to the final, the second will compete against the loser from pool B in the bronze medal contest. Pool B – 2 athletes will compete for a place in the final
4*	Gold, silver and one bronze	First, second and one third place.	Pool system with two (2) single contests, then a contest between the two (2) losers for the single bronze medal and a contest between the two (2) winners for the gold and silver medals.



3*	Gold, silver and one bronze (for individuals, if one contest was won)	First, second and third (only if one contest was won) place.	A round robin system will be held in the elimination round. The best and the second best will compete in a final for the gold and silver medal. The third athlete will be awarded the single bronze (for individuals, only if one contest was won).
2*	Gold (individuals)	First place.	One final contest.
1*	None	No	No competition

*Participation points given (if applicable).

If only one (1) athlete passes the weigh-in there will be no competition.

13. DRAW

The draw will be held ONLINE.

Seeding: The top eight (8) from the entered competitors in each weight category will be seeded according to the current IJF Juniors World Ranking List.

14. WEIGH-IN

Official weigh-in for each weight category is held the evening before the competition day (see program). Athletes must present their EJU accreditation card and their passport (National ID Cards showing nationality, picture and date of birth are also accepted).

Official scales or test scales will be available for test weigh-in on Friday and Saturday from 08:00 – 22:00 (except during official weigh-in from 18:30-19:15).

Filming and taking photos is strictly prohibited during weigh-in.

15. RANDOM WEIGH-IN

Random weight checks for athletes will be organised in the morning before the start of the competition. Random weigh-in will open one hour before the start of the competition each day. The time limit to arrive to the random weigh-in is 30 minutes or 6 contests before the athlete's first contest at the latest.

The athletes must bring their accreditation for identification. The weight of the athlete cannot be more than 5 % higher than the official maximum weight limit of the category.

16. REFEREEING

Each federation may enter 3 referees. In case National Federation wants to inscribe more Referees, the reasonable application has to be applied to the EJU Referee Commission. The organizing federation may enter as many referees as required for the realization of the tournament but giving priority to their own Continental/International referees first and then their national referees with the highest national licence with at least 2 years of experience.

If enough Continental/International referees are inscribed in Judobase, the organizing federation has to limit its number of national referees to 1 per mat.

JUDOBASE registration deadline for referees: Friday, 20th February 2026

The bow:

- The contestants must not shake hands BEFORE the start of the contest.
- When the athletes are leaving the mat they must wear judogi in proper way and are not allowed to take out any part of the judogi or the belt before leaving the field of play.

17. COACHING

All coaches must fully adhere to the Code of Conduct for Judo Coaches.

Dress Code	Elimination rounds:	National track suit with trousers reaching down to shoes or jacket suit with tie
	Final block:	Formal suit (jacket, trousers, shirt, and tie for men; jacket, trousers/skirt/dress, blouse for women) and formal shoes (no sport shoes or flip-flops)



18. TRANSPORT

Airports: Faro Airport / Lisbon Airport (especial request for groups)

Train Station: Portimão train station

Bus Station: Portimão bus station

The organizer will provide, on request, transfers between the airports and the official hotels, and between the official hotels and the venue and all other facilities related to the event. Transportation is offered only to those participants who are accommodated in the official hotels, and only if they were booked via organiser.

Transfer costs from Faro Airport is 25€ per person/one way with minimum 4 persons, in case the arrived delegation have less number they will need to await for the next arrival delegation or the price can increase (for private shuttle).

Organiser can arrange the transfers also from Lisbon airport. As the distance is 283 km, we have 2 ways: prices for private shuttles or individual but part of the travel can be in public transport. Please contact organizer for more details.

19. ACCOMODATION

All delegations, who inscribe for an EJU event should reserve their accommodation in the official hotels published in the event outlines. The reservation must be made with the local organising committee (not directly with the hotel).

The organiser proposes the following official hotels:

Cat. A

RR Alvor baia Resort ****

Address: Galo Loiro, Estr. do Alvor, 8500-001 Portimão <https://rrhotels.pt/pt/alvorbaia/>

check-in time: 16:00; check-out time: 11:00

Distance to the airport: 75 km; distance to the sports hall: 6,8 km

Prices per person	B&B	Lunch in the hotel	Lunch box in the sports hall	Dinner
Single room	155 €	30* €	20 €	30* €
Double room	120 €			
Triple room	105 €			

***this Price for meals is only for those accommodated in the hotel. If a person is not accommodated in the hotel dinner and lunch will cost 35 €**

Cat. B

RR Club Amarilis *** - very limited number of rooms

Address: Av. das Comunidades Lusíadas, 8500-801 Portimão, <https://rrhotels.pt/pt/clubamarilis/>

check-in time: 16:00; check-out time: 11:00

Distance to the airport: 73 km; distance to the sports hall: 4,5 km

Prices per person	B&B	Lunch in the hotel	Lunch box in the sports hall	Dinner
Single room	130 €	n/a	20 €	25 €
Double room	98 €			

Hotel booking and transfers have to be made directly with the organiser: Mr. Sergiu Oleinic; portugalevents@fpj.pt; +351961969799

Obligatory minimum stay in the official hotel is 2 nights.

Participants are allowed to book their own accommodation. In this case for every accredited person a service fee of **120 €** applies to be paid to the organizer.

Hotel reservation deadline: Friday, February 06th, 2026

Hotel payment deadline: Friday, February 13th, 2026

Cash payment upon arrival is not allowed. All payments have to be done in advance per bank transfer. Reservation will be confirmed only after payments



Credit cards can be accepted on spot.

Reservations will be processed strictly according to the date of booking. In case the requested hotel is fully booked, the federation/club will be informed and asked to make a new reservation

Deadlines and cancellation policy:

Hotel reservation deadline is February 06th, 2026. The reservation sent by then is binding. For reservations sent after the hotel deadline, the organizer can charge an **extra surcharge of 30%**. However, in this case the organizer is not obliged to provide accommodation and can just charge the service fee.

- Replacements must be free of charge.
- Cancellations till February 13: 100% refund
- Cancellations from February 14 till February 19 (inclusive): 50% refund.
- Cancellations from February 20: no refund

Reservations will be valid only after payments

In case of tournament cancellation by the local authorities full payment will be refunded.

Important: Injuries, visa problems or sickness are not valid reasons for cancellation of rooms.

In case of any damage to hotel property or competition venue caused by members of a delegation, their national federation will be charged by the organizing committee.

20. PAYMENT

Kindly complete the payment for accommodation and entry fee to our bank account:

Name of account holder:	Federação Portuguesa de Judo
Bank Address:	Largo Vitorino Damásio, 10, 1200-872 Lisboa
Bank Name:	NOVO BANCO
Account No:	041035060007
IBAN:	PT50 0007 0041 0003 50600077 9
SWIFT:	BESCPTPL
Payment reference	"Country" EJCup2026

After the reservation a document with a number reference will be sent to the National Federation, please use this number as reference of payment and for the accreditation.

All bank fees and money transfer costs must be paid by the sender federation. The person attending accreditation must bring proof of the bank transfer.

Please, be careful with the fraudulent emails. Always check the bank details from the outlines.

21. JUDOGI CONTROL

Approved Judogi

All Judoka must compete in IJF Approved Judogi (only red and green label allowed). In particular sponsors of the European Judo Union: Danrho Kwon KG (www.kwon.com), Essimo (www.essimo.nl), Ippon Gear (www.ipp-on-shop.com), Double D Adidas (<https://combat-sports.net>), Mizuno (mizuno.com) and other IJF suppliers are allowed (see <https://www.ijf.org/supplier-list>)

Judogi Control

It will be operated with a Sokuteiki prior to the fight. Judogi must have an IJF Official Label "APPROVED JUDOGI" with an optical code which cannot be falsified. The label will be controlled with an optical lamp. Each of the competition clothing articles (jacket, trousers and belt) must have an IJF official label.

Backnumber



Each competitor taking part in the EJU events is obliged to have sewn on the back of his Judogi the official backnumber bearing his surname and his National Olympic Committee abbreviation. The backnumber can be ordered from sponsors of the European Judo Union: Judo Backnumber (<https://judobcknmbr.com/>), mybacknumber (<https://www.mybacknumber.com>) or Official Backnumber (<https://www.officialbacknumber.com>) and others IJF suppliers are allowed (see <https://www.ijf.org/supplier-list>)

Attention: production and delivery may take around 4 weeks!!!.

The SPONSOR part (if needed) will be given to the head of delegation during registration, and the athletes can stick it themselves on the back number.

Markings and Advertising

The space on the **shoulder stripes** (25cm x 5 cm on both right and left side) and on the **upper arms** (10cm x 10cm on both right and left side) can be either used for own sponsors of the Federation or Judoka or EJU Suppliers, **BUT not for any other Judogi supplier**.

The space on the **right chest** (5cm x 10cm) can be used by the Judoka for his/her own sponsor. The logo of a Judogi brand can only be used, if it corresponds with the brand of the Judogi itself and if it is an EJU Supplier. Further, no logo of a competing brand of the advertising reserved for the Federation can be used (unless approval granted by the Federation).

Please note: On all advertising spaces it is strictly prohibited to promote tobacco, alcohol, any substances listed in the doping code, or any product or service contrary to public morals. The space on the **left chest** (10cm x 10cm) can be used for the national colours or the national emblem corresponding with the IOC code on the backnumber (regional emblems are not allowed).

All other markings on the Judogi, like Judogi brand logos, name of Judoka, etc. have to comply with the IJF Judogi Rules.

Detailed information is available on <http://www.eju.net/statutes>.

Important:

- If an athlete does not respect the Judogi rules, the athlete will not be permitted to pass the Judogi Control, and the coach who is responsible for the athlete will be suspended for the rest of the competition day.
- The organiser is not obliged to provide reserve Judogi at Judogi Control, but the athlete is allowed to present himself in another IJF Approved Judogi, complying with the Sokuteiki rule (and without backnumber) - in this case no coach can go with this athlete to the mat!
- In the case of a repeated offence the coach will be suspended for the rest of the competition.

22. RESPONSIBILITY OF FEDERATIONS

The competitors will compete under the full responsibility of their federations. Insurance: Each national federation is responsible for insuring its competitors against "injury and third part risk (public liability)" during the period of the event. The European Judo Union and the organiser decline all responsibility.

Consent for Photography/Videos/Filming

Delegates inscribed by their National Federations for EJU events consent to the EJU and its media partners to use content of them, including data, live results, photographs and/or video recordings (hereafter referred to as Media). This media may be obtained from National Federations and EJU. It will also be acquired by the EJU and its media partners from in and around all EJU event venues. Media could be used in print and digital media formats including print publications, websites, e-marketing, posters banners, advertising, film, broadcast, social media, education purposes and other purposes. The National Federation must ensure that they have the permission of each delegate or in the case of a minor the permission of the parent/guardian. If a delegate does not give consent, then the National Federation must inform the European Judo Union by writing to headoffice@eju.net.

23. ANTI-DOPING



Anti-doping tests might be executed according to the **IJF MEDICAL AND ANTI-DOPING HANDBOOK (IJF SOR – Appendix E)**.

24. MEDIA

Journalists can apply for Media accreditation online using the following link: <https://www.eju.net/media/> or per email: media@eju.net.

25. VISA

For nations who need VISA to enter Portugal, please send the enclosed "Visa Application Form" fully filled not later than Friday, February 06th, 2026 and submit to Mr. Sergiu Oleinic; portugalevents@fpj.pt.

26. PRE-EVENT TRAINING

Tatami for pre-event training will be available:

Thursday, March 05th 2026: from 17:00 till 21:00 in the hotel RR Alvor Baia Resoirt

Friday March 06th 2026: from 10:00 till 21:00 hotel RR Alvor Baia Resoirt and Competition venue

Saturday March 07th 2026: from 10:00 till 18:00 in the competition venue

Booking of training sessions will be done at the Info Desks or at the accreditation..

Training on competition days in the sports hall warm up arena is allowed after 14:00.

27. TRAINING CAMP

Training Camp will be organised after Portimão Junior European Cup from March 09th till March 11th in "**Portimão Arena**".

Training schedules:

Morning training: 10:00 -12:00

Afternoon training: 16:00 – 18:00.

Participants of the Training Camp will be accommodated in the hotel **RR Alvor baia Resort ******.

Accommodation prices for the training camp:

Full board: Single 150€ / Twin 120€ / Triple 100€. Price of the meals will be supported by Portuguese Judo Federation (the prices for the camp are available from Monday 09.03.2026)

Participants of the Training Camp are allowed to book their own accommodation. In this case for every accredited person **a service fee of 60 €** applies to be paid to the organizer