



Judo – more  
than sport!

## KATA

# European Judo Championships

Warsaw/Josefow 2021 — Poland

03 - 04 July 2021



## COMPETITION OUTLINES

## WORDS OF WELCOME



Sergey Soloveychik  
President  
European Judo Union

Dear Judo Friends,

On behalf of the European Judo Union I am delighted to welcome competitors, officials and guests to these European Kata Championships being staged this year in Warsaw.

The origins and traditions of Judo are embodied in the practice of kata and it remains one of the most important aids in the development of technique. These championships highlight the EJU's commitment to kata and we positively encourage its practice.

The EJU is extremely grateful to the Polish Judo Association for their exceptional efforts to prepare for the staging of this important event under such difficult circumstances. In this regard I am confident that the Team of Local Organising Committee has done everything to ensure everyone attending will enjoy their time here in the nation's capital.

I wish all those involved, in whatever capacity, the very best of luck, success, enjoyment and a memorable experience in Warsaw.



Jacek Zawadka  
President  
Polish Judo Association

Dear judo friends,

On behalf of our Federation it is a pleasure to welcome you in Poland, in our capital city Warsaw where all of the athletes will be accommodated for one of the most fascinating and important events in our sport, for the very first time in Poland- Kata European Judo Championships 2021. The Sportshall is located in Józefów, near the Warsaw city, full of charm and hospitality.

This event marks an important stage for Kata judoka on Polish judo map, as they seek to develop technical, tactical, physical development. It is important for us, to spread judo Kata in Poland. This tournament will be the 3rd championships in Polish calendar since 2017 so, I would like to really thank Mr. President Sergey Soloveychik and EJU for such a huge trust and very good feedback after events. Judo Kata is a direction in which we want to develop. Polish Judo Association has very good athletes and we want to achieve as much as we can in this field of sport.

I believe that it will be one of the strongest, most dynamic and interesting tournaments of this year.

I would like to take the opportunity and thank our partners and all those involved in ensuring that Kata European Judo Championships are successful, enjoyable and memorable.

I wish you all a memorable time in Poland and encourage you all to support the judokas, coaches, officials and teams who may not necessarily have experience. See you on tatami.

## 1. Regulations to minimize COVID-19 related risks

Anyone not complying with the conditions of participation described in these outlines will not be eligible to take part in the event and will be subject to disciplinary action.

The fundamental principle throughout all EJU events during the Covid-19 era is to protect and be protected by wearing a mask, sanitising, distancing and respecting the recommendations of the IJF protocol. All participants have the mutual responsibility to protect one-another.

Each National Federation delegation participant (athlete, coach, team official, physiotherapist, doctor, President etc.) must have read and understood the latest version of the Protocol for resuming IJF events during the Covid-19 pandemic which can be found here: [covid.ijf.org](https://www.ijf.org/covid).

### PLEASE NOTE:

- Each National Federation taking part must nominate a Covid-19 Manager who is fluent in English.
- There can only be ONE (1) COVID-19 MANAGER PER FEDERATION!

### Before Travelling

1. Check if you need a visa, and if yes request it from the organiser. Please send a good quality passport copy (PDF) to [registration@pzjudo.pl](mailto:registration@pzjudo.pl)

2. Book accommodation and send a detailed rooming list. Last minute changes can be accommodated whilst the delegation waits in the bus or outside the hotel.

3. Present on arrival, at least two (2) Covid-19 negative individual medical certificates. Please make sure the certificate also has an English version.

These PCR tests MUST be made a maximum of five (5) days before arrival and taken 48 hours apart. During this 5-day period you should stay isolated and limit contact with other people as much as possible. If you experience any kind of symptoms do not start to travel (even with two negative PCR tests).

5. Present upon arrival an individual declaration of honour on the absence of symptoms for at least 14 days per delegate and Liability Release waiver.

6. **2 PCR tests, Declaration of honour & Liability Release Waiver must be uploaded to the platform [my.ijf.org](https://my.ijf.org) by NF administrator well in advance BEFORE TEAM ARRIVAL. The instructions for the platform can be found under the link:**

<https://drive.google.com/drive/folders/1h5MGCTAJITsWYHdBQ3gxW3mzaazfBadn?usp=sharing>

### Entering Poland

The following must be brought/at hand for border control:

1. Passport, ID, and applicable visas, as required.

- All regular border-crossing regulations must be followed regarding the validity of passports and visas, as applicable for each respective country
- Border control officers will check documents (passports or other documents that contain similar information to those in passport)

2. Official Invitation from the Polish Judo Association

All participants must present a PRINTED invitation letter from the Polish Judo Association

3. Negative PCR test

All participants must be ready to present a negative PCR test which is not older than 48 hours.

### Entering a bubble

The event venues (hotels, sport hall, training hall etc.) will be classified as bubbles and to reduce risk a “bubble to bubble” concept will be used. People are NOT allowed to leave their bubble as contamination could occur endangering the safety of the event and the health of the participants.

1. At least one (1) PCR test per participant will be performed immediately upon arrival. The test will be held at Hotel Portos. Until test results are obtained, all participants must remain in their hotel rooms, where water and any paid meals will be ensured until the receipt of the test results.

### 2. REQUIRED ARRIVAL SCHEDULE AND PCR TESTING

To ensure that testing and following procedures can be performed on time, all participants that wish to compete or be present on Kata EC must arrive at official hotels according to schedule below:

- All heads of delegations/Covid-19 Manager must arrive not later than July 01st till 17:00.
- All athletes must arrive at least 2 days before the day when they compete not later than 17:00 (July 01<sup>st</sup>)

Participants will be RT-PCR tested for SARS-CoV-2, using nasopharyngeal (nose + throat) swab by authorised medical staff.

Testing times: Thursday, July 1st, 2021, 12:00 - 20:00

- Costs of PCR testing will be charged to delegations. Cost per PCR test: **100€**
- If any other conditions and requirements will arise till the start of the event - they will be informed additionally.

### Throughout your stay

- Wash/sanitise your hands regularly, especially if you have had contact with a person or an object. Competitors should wash and disinfect their hands and feet regularly, especially before the warm-up and the contest.
- No handshake - greet each other with a bow.
- Wear a mask at all times (change it at least twice a day). Exceptions: masks are not obligatory on the Field of Play tatami, on the warm-up tatami whilst warming up or on the training tatami whilst training. Masks may be removed while eating in dining areas.
- Maintain 1.5 m distance at all times, except for competitors during training, their contests and during warming up with ONE PARTNER.
- Submit yourselves to contactless temperature measurement by the organiser on arrival at the point of entry in the country, at accommodation premises, throughout the competition venue and at any official venue of the event, to be accepted by all accredited population.

Anyone registering a high temperature will be asked to remain outside and their Delegation COVID-19 Manager, the LOC COVID-19 Manager and the EJU COVID-19 Manager will be contacted. An opportunity to recheck their temperature will be given, if it is still high a final decision will be made by the LOC COVID-19 Manager and the EJU COVID-19 Manager.

### In case of positive result

Full procedure is on [covid.ijf.org](https://covid.ijf.org)

Quarantine period: 10 days

Quarantine hotel: the same hotel where they are accommodated

Hotel address: See Official Hotels

Rates: normal hotel rate Full Board single room during time of the event. From Monday after the event, Full Board single room 100 € Hotel Portos. Anyone with a positive test MUST stay in the quarantine hotel provided by the organiser. The cost must be paid by the National Federation.

### Insurance

It is the responsibility of the National Federation to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19-related costs. The organiser of the event and the EJU accept no liability for any claims relating to cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect a National Federation delegation member during the event.

### Symptoms after arrival

Anyone who experiences symptoms after arrival must immediately contact their Team COVID-19 Manager

EJU Covid Manager: Dr Peter Smolders - [smolderspeter@skynet.be](mailto:smolderspeter@skynet.be) - +32 475 32 59 75

Local Covid Manager: Dr. Marek Gołębiewski - [medycyna@pzjudo.pl](mailto:medycyna@pzjudo.pl) - 0048 501 364 467

### Exit tests

Exit tests may be booked with the organiser, if required. Where to book: [registration@pzjudo.pl](mailto:registration@pzjudo.pl)

Price: 100 Euro.

## 2. Technical Information

### 2.1 DATE & VENUE

The Kata European Judo Championships (Juniors & Seniors) preliminaries will be held on Saturday 03<sup>rd</sup> of July 2021. The finals of Kata European Judo Championships will be held on Sunday 04<sup>th</sup> of July 2021. These events will be held in Józefów, Poland.

### 2.2 PARTICIPATION

The competitors must be of the same nationality as the country, which enters them. Competitors who have double nationality may represent only 1 country. **After having represented a country in the World Championships, in continental or regional games or in world or regional Championships, recognized by the EJU, he/she may not represent another country unless he meets the conditions set forth in the next paragraph.**

When a competitor changes nationality, he/she must wait 3 years before he/she can represent the new country, unless the two countries concerned (the old country and the new country) agree to authorize the change of nationality and this is approved by IJF (see IJF SOR, chapter 1.9). **Important: Entry for the new country is only possible after approval of IJF!**

Each delegation will receive a certain quantity of free accreditations depending on the number of athletes:

<i>Couples</i>	<i>Officials</i>	<i>Couples</i>	<i>Officials</i>	<i>Couples</i>	<i>Officials</i>
1-2	2	3-4	3	5-6	4
7-8	5	9-10	6	11-12	7
13-14	8	15-16	9	17-18	10
19-20	11				

Note: Judges should not be included in the above quota and shall receive a free accreditation. Each National Federation will be provided with additional 2 free VIP accreditations for the President and the General Secretary of the federation.

#### SENIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

Each federation may enter up to maximum of 2 couples per each age group of Kata, totalling up to maximum of 4 couples per Kata. The competitors may only participate in one Kata. Couples can be composed of either 2 males, 2 females, or a male and a female.

#### JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS (NAGE-NO-KATA, KATAME-NO-KATA, JU-NO-KATA)

Each federation may enter up to maximum of 3 couples for each Kata. The competitors can participate only in one Kata.

Couples can be composed of either 2 males, 2 females, or a male and a female.

### 2.3 INSCRIPTION

All participants and delegates must be in possession of the valid IJF ID Card and registered for this event in the IJF Registration System (JUDOBASE): <https://admin.judobase.org/> by 18<sup>th</sup> June 2021. After the deadline further registrations (late entries, replacements) are exclusively handled during accreditation according to the following rules:

	NO IJF Official ID Card	Late entry	Replacement IJF Official ID Card: YES
Athletes	<ul style="list-style-type: none"> <li>ENTRY NOT POSSIBLE</li> <li>REPLACEMENT NOT POSSIBLE</li> </ul>	No late entry possible	0€ + letter
Other delegates (Head of delegation, Coaches, ...)			0€ + letter

Please note:

- After the competition deadline no late entries are possible, only 1:1 replacements,
- Persons, who are banned by their Federation, cannot be entered as late entry or replacement.
- Persons without valid IJF ID Card can only be entered on spot, if IJF ID Card will be ordered until end of Accreditation.

For pairs inscriptions Form 4 must be completed and submitted to the organiser.

**By subscribing to the Kata European Championships all participants and delegations agree that their pictures or videos could be used for Kata promotions and as tool for education and for seminars.**

## 2.4 AGE & GRADE

### SENIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

Participants are to be 18 years of age during 2021 (born in 2002 or before). They shall have a minimum of 1<sup>st</sup> Dan. Couples may be formed of either 2 males, 2 females, or a male and a female.

Each Kata will be divided in 2 age categories according to the age of Tori. The age of Uke has no restrictions.

Age Division (Tori)				Age		
Age From	Age To	YOB from	YOB to		Category	
18	34	2003	1987		Cat 1	Nage-no-Kata
35	+	1986	+		Cat 2	
18	44	2003	1977		Cat 1	Katame-no-Kata
45	+	1976	+		Cat 2	
18	44	2003	1977		Cat 1	Ju-no-Kata
45	+	1976	+		Cat 2	
18	44	2003	1977		Cat 1	Kime-no-Kata
45	+	1976	+		Cat 2	
18	47	2003	1974		Cat 1	Kodokan Goshin-Jutsu
48	+	1973	+		Cat 2	

### NAGE-NO-KATA JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

Participants are to be 14 years of age during 2021 (born in 2007 or before). They shall have a minimum of 2<sup>nd</sup> Kyu. Couples may be formed of either 2 males, 2 females, or a male and a female.

Age Division (Tori)				Age		
Age From	Age To	YOB from	YOB to		Category	
14	18	2007	2003		Cat 1	Nage-no-Kata (3 first sets)
16	23	2005	1998		Cat 2	Nage-no-Kata (5 sets)

### KATAME-NO-KATA & JU-NO-KATA JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

Participants are to be 16 years of age during 2021 (born in 2005 or before) and 23 years of age maximum during 2021 (born in 1998). They shall have a minimum of 2<sup>nd</sup> Kyu.

Couples may be formed of either 2 males, 2 females, or a male and a female.

## 2.5 KATA

### SENIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

There will be five Kata recognized for these championships:

- Nage-no-Kata
- Katame-no-Kata
- Ju-no-Kata
- Kime-no-Kata
- Kodokan Goshin-Jutsu

The IJF Kata “Criteria for Kata Evaluation” will be used to judge the Kata with reference also to the official Kodokan edition of video.

## JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

There will be four categories recognized for this European Championships:

- Nage-no-Kata - Cat 1 (3 first sets – Te Waza, Koshi Waza, Ashi Waza)
- Nage-no-Kata - Cat 2 (5 sets – All Kata)
- Katame-no-Kata (3 sets – All Kata)
- Ju-no-Kata (2 first sets)

The IJF Kata “Criteria for Kata Evaluation” will be used to judge the Kata with reference also to the official Kodokan edition of video. The participants may compete only in one of the three Kata.

## 2.6 COMPETITION FORMULA

### SENIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

Competition will be divided in two groups according to the age of Tori (see 1.3).

In each age groups Kata will be divided in two groups: the top three couples with the maximum points from each group (that is 6 pairs for each Kata) will compete in the finals.

If the number of pairs is less than 12 there will be only one group: the top 4 couples of the group will compete in the final.

The competition will be held on two or three or mats.

For each Kata the pair with most points will be awarded the gold medal the European Kata Champion; the pair with the second most points will be awarded the silver medal and the third - the bronze medal.

The competition will be held on three mats.

### JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

Each Kata will be divided in two groups: the top three couples with the maximum points from each group (that is 6 pairs for each Kata) will compete in the finals.

If the number of pairs is less than 12 there will be only one group: the top 4 couples of the group will compete in the final. For each Kata the couple with the maximum points will be awarded the gold medal, the couple with the second most points will be awarded the silver medal; and the third - the bronze medal.

## 2.7 DRAW

The draw to establish the order of demonstration for each group and Kata will take place the day before the competition. The draw for the order of the Kata finals European Judo Championships will take place in the Sport Hall after the Kata European Judo Championships Preliminaries.

**1 official and/or 1 judge per delegation (country) are mandatory requested in the draw room.**

**Dress code for the draw: suite and tie**

**The competitions lists will be displayed before the draw and each delegation has to check if everything is correct and make all changes (if necessary) before the draw. After the draw NO changes will be done.**

## 2.8 ACCREDITATION

The times and place for check-in and accreditation are specified in the program. A representative of the delegation who has been tested on spot and received the negative result must arrive and check-in within the time limits provided. A maximum of 2 representatives per national federation are allowed in the accreditation room.

### VERY IMPORTANT

The IJF Registration System “JUDOBASE” will be used to generate the list of inscribed competitors. All persons wishing to participate must be in possession of the IJF ID card (either International or Kata/Veteran) and register for the event

in Judobase. The IJF ID card can be ordered via National Federations, the registration for the competition in Judobase is also done by respective National Federation.

Both competitors forming one pair have to be from same nation.

List of entries: The list of entries is confirmed with the EJU official.

No inscription will be accepted after the end of the nation control.

### **Control of Nationality and Age**

Each competitor's **PASSPORT** or copy of the passport (in case the competitors are still travelling) or official identification document with photo will be requested by the EJU official to check nationality and age of the competitors. The competitors must not be present personally at the nationality control.

### **Finances**

The federations must be in order with the annual fee and other financial obligations to the EJU. In order to take part in the competition the national federation must have fulfilled the necessary payments to the organizer and the EJU.

In case there was overpayment or athletes did not arrive for valid reasons, EJU Treasury shall transfer this difference to the federation's account.

### **Flag and Anthem control**

The head of delegation confirms the flag and anthem which will be used for the medal ceremony.

### **Organizer Finances**

The Organizer checks that all payments for hotel accommodation and entry fee have been settled. Any pending invoices with the organizer should be settled here. The delegations' departure date, time, number of people and travel details are also to be confirmed at this stage. A contact person and telephone number for each delegation should be provided.

Delegations which have their financials settled beforehand may use the fast lane.

Accreditation cards are handed over to teams after finishing the whole accreditation process.

## **2.9 RESPONSIBILITY OF THE FEDERATIONS**

### **Medical certificate**

The sex certificate and the medical certificate of the competitors are not required. The competitors will compete under the full responsibility of the federations.

### **Insurance**

Each federation is responsible for insuring its competitors against 'injury and third part risk (public liability)' during the period of the championships. The European Judo Union, host federation and Organising Committee decline all responsibility.

### **Attitude of the competitors**

The federations are responsible directly to the EJU concerning the general attitude of their competitors.

### **Consent for Photography/Videos/Filming**

Delegates inscribed by their National Federations for EJU events consent to the EJU and its media partners to use content of them, including data, live results, photographs and/or video recordings (hereafter referred to as Media). This media may be obtained from National Federations and EJU. It will also be acquired by the EJU and its media partners from in and around all EJU event venues. Media could be used in print and digital media formats including print publications, websites, e-marketing, posters banners, advertising, film, broadcast, social media, education purposes and other purposes. The National Federation must ensure that they have the permission of each delegate or in the case of a minor the permission of the parent/guardian. If a delegate does not give consent, then the National Federation must inform the European Judo Union by writing to [headoffice@eju.net](mailto:headoffice@eju.net).

## 3. Judogi

The competitions will be held in white judogi and black belt.

**Approved judogi:** Competitors should wear an IJF approved judogi. Judogis from all IJF suppliers are allowed (see [www.ijf.org](http://www.ijf.org) → Official Supplier List).

**Please note: Matsuru and SFJAM Noris are no IJF suppliers anymore and will not be accepted.**

Judogi must have an IJF Official **RED LABEL** "APPROVED JUDOGI" with an optical code which cannot be falsified. The label will be controlled with an optical lamp. The jacket and the trousers must have the same label color; the belt may have different color from that used for jacket and trousers.

Each of the competitor's clothing articles (jacket, trousers and belt) must have an IJF official label.

**Backnumber:** Each competitor is obliged to have sewn on the back of his judogi a backnumber displaying his surname and his National Olympic Committee abbreviation.

The backnumbers must be fixed horizontally and centered on the back of the judogi. They must be placed at a distance of 3cm from the bottom of the collar.

The backnumber can be ordered from [www.mybacknumber.com](http://www.mybacknumber.com) or from [www.officialbacknumber.com](http://www.officialbacknumber.com) (Attention: The delivery may take up to 4 weeks).

**Advertising:** Competitors should carry on the back of their jacket the IJF and organizer dedicated sponsors of the event. Advertising on the judogi must be in compliance with the IJF Judogi Rules (see IJF SOR Appendix C).

Detailed information is available on <http://www.eju.net/statutes>.

**National Emblem:** Athletes can have their national emblem on the left front part of the jacket within a space of 100cm<sup>2</sup>.

**The Judogi Control will be done at the Registration of the Participants.**

**Another control can also be done on spot before the entry on the mat.**

**N.B** It is the responsibility of the judoka to comply with the IJF regulation rules.

- Hygiene
  - The judogi shall be clean, dry and without unpleasant odour
  - The feet and hands nails shall be cut short
  - The personal hygiene of the athletes shall be of a high standard
  - Long hair has to be bound with an elastic band
  - Spectacles, jewelry pieces are prohibited
  - Make up is not allowed
  - The backnumbers will have to be sewn already on the judogi

## 4. Judges

### SENIOR & JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

The competition will be judged by EJU qualified Kata judges.

The number of judges per federation is limited to:

participating countries may enter 4 judges.

non participating countries may enter 2 judges.

The EJU KATA Commission may decide on the number of judges according to the entries.

Each participating federation having qualified EJU judges has to enter at least one judge. Only the judges entered by their federation can judge. The costs for travelling, board and lodging of the judges are at the costs of the member federation.

Inscriptions of the judges have to be sent to the organiser by the date stipulated in Section 5

All judges have to be OBLIGATORY registered in Judobase for the competition as well.

## 4.1 JUDGES' MEETING

All judges have to attend the technical meeting in the afternoon before the first day of competition to confirm participation as judge in these Championships. Only judges are to attend this meeting. Time and place are stated in the program.

## 4.2 POINT SYSTEM

### SENIOR & JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

**Each technique and open and closing ceremonies** are evaluated with a maximum positive score of 10 points. The positive score is decreased by mistakes. The evaluation of every technique of Kata has to consider the principle and the opportunity of execution: the evaluation (included the opening and closing ceremony) has to be comprehensive.

#### Definition of mistakes:

**Forgotten technique** – score is zero and the total score of the Kata is halved. If the forgotten technique is more than one, zero score will be given to the technique but the total score will be not halved again

**Big mistake:** when the execution of the principle is incorrect (5 points are deducted and the maximum number of crosses is 1)

**Medium mistake:** when one or more elements of the principle are not applied in the correct way (3 points are deducted and the maximum number of crosses is 1).

**Small mistake:** imperfection in the application of the technique (1 point is deducted and the maximum number of crosses is 2).

For every technique without a forgotten technique, the minimum score has to be 1.

The total score for each technique can be increased or decreased by 0,5 point adding in the column of the “correction value” a “+” or a “-”.

For every technique without a big mistake the minimum score has to be 4,5.

If there is a big mistake in the Kata (including the bow), the score must not be more than 5.

In the Nage-no-Kata right and left techniques will be evaluated globally (only one score).

In case of equal score between pairs the following criteria will be applied considering the scoring sheets of 5 judges:

- total value of big mistakes - wins those who makes less mistakes
- if still equal, total value of medium mistakes will be considered - wins the pair who makes less mistakes
- if still equal, total value of small mistakes will be considered - wins the pair who makes less mistakes
- if still equal, the average score (evaluated until the second decimal place) of the whole Kata will decide. Wins the pair who has a better score.

If two pairs both are placed 3<sup>rd</sup> after the above mentioned criteria, the Kata will be repeated in order to assign the medal.

## 4.3 SYSTEM OF JUDGING

### KATA EUROPEAN JUDO CHAMPIONSHIPS

The number of judges is five\* and they will be positioned on the shomen side. They will award points on the official EJU scoring sheet. For each technique the total score of three judges will be summed up to produce the final score: the maximum score and the minimum score for each technique will be cancelled. The total score of the whole Kata will be the sum of the score totalled by five judges.

The rule of neutrality will be applied: a couple cannot be judged by a judge of the same nation. The position of the five judges will be the same for the whole competition.

A judge cannot be a competitor.

The judges shall always be in their position before the arrival of the couple to the competition area.

The judge in the centre stands up and, with tense arms and palms of the hands turned upward, invites the couple to enter the competition area.

The couple enters and leaves the competition area at the opposite side of shomen: the start and end of Kata (opening and closing ceremony) is at 10 m or 8 m distance (bow to the mat).

Any behaviour of Tori or Uke inside the competition area that is contrary to the spirit of Kata will reduce the score of the ceremony.

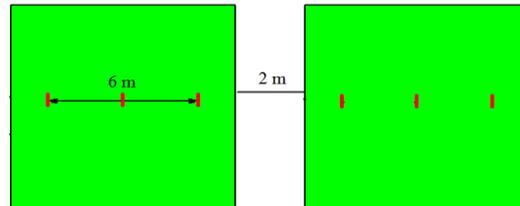
**\* Due to the Covid situation the number of Judge could be three and Judging system adapted.**

## 4.4 COMPETITION AREA

The competition area has dimensions of 10 x 10 meters (or 8 x 8 meters minimum) and shall be covered with tatami or similar acceptable material.

The competition area must be fixed to a resilient floor. When more adjoining competition areas are used, a common safety area of 2 meters is necessary. Around the safety area, a free area of 1m is to be expected.

A strip of visible colour adhesive tape, approximately 5 cm wide and 50 cm long, shall be fixed on the center of the competition area 6 m apart to indicate the starting position of Tori and Uke. The center of the competition area shall be indicated with a strip of adhesive tape of the same colour.



## 4.5 INJURY, ILLNESS and ACCIDENT

When Tori or Uke is unable to continue because of injury, illness or accident during the execution of the Kata, the couple will be considered out of competition. In case of minor injury like bloody wound, broken nail or a problem with contact lenses, according to the decision of the judges the Kata execution will be interrupted and the athlete will be assisted by a doctor out of the competition area. The competition will continue and the couple will repeat entirely the Kata soon after the last called couple. In case a new minor injury occurs to the same athletes during the second execution of Kata, the couple will be considered out of competition. In the case that minor injury happens after a forgotten technique, the couple will be considered out of competition.

## 4.6 SITUATIONS NOT COVERED BY THE RULES

When any situation arises which is not covered by these rules, it shall be dealt with and a decision will be given by the EJU Kata Commission.

## 5. Local Information

### 5.1. HALL

Integracyjne Centrum Sportu i Rekreacji w Józefowie

Address: Długa 44, 05-420 Józefów

Homepage <http://www.icsir.pl/>



### 5.2. NEAREST AIRPORT

Airport: **Warsaw Frederic Chopin (WAW)**

### 5.3. TRANSPORT

The organizers will provide transfers from airport to the hotel and hotel/sports hall and back according to the travel details previously submitted by the participating teams.

Transport requests have to be sent by e-mail by **24<sup>th</sup> June, 2021** to the email: [registration@pzjudo.pl](mailto:registration@pzjudo.pl)

**During pandemic time ONLY official transportation can be used. No other transportation, including taxis and own cars can be used when in the bubble.**

### 5.4. OFFICIAL HOTEL

All participants and delegates have to book their accommodation via the organisers. Due to the COVID-19 situation ALL participants must stay in official hotel: Hotel Portos \*\*\* and for the entire period of their stay on **full board basis (bubble cannot be left)**:

**Hotel Portos \*\*\***

Address Ul. Mangalia 3a, 02-758 Warszawa; <https://www.bwportos.pl/>

Distance to the airport: 7,5km (20min. by bus); distance to the sportshall: 20km (25 min. by bus)

Check-in time: 12:00; check-out time: 10:00

Prices/person/nights	Full board/3 nights/per person	Extra night/per person
Single room	480 euro	100 euro
Double room	420 euro	80 euro

**Due to the Covid-19 regulations all participants MUST be accommodated in official hotels.**

After booking please wait for a confirmation of the exact amount to be paid. To confirm your booking an advance payment is required, which can be made by bank transfer. A receipt of the payment has to be sent to confirm the reservation.

Arrival: check-in from 12:00 p.m.

Departure: check-out within 10:00 a.m.

Kindly send your Hotel Reservation Form by **June 18<sup>th</sup> 2021** via e-mail to: [registration@pzjudo.pl](mailto:registration@pzjudo.pl)

Cancellation policy: modifications or cancellations of confirmed bookings are not refundable – the full amount will be charged upon acceptance of confirmed reservation.

**In case of tournament cancellation by the EJU or the Polish authorities full payment will be refunded**

### 5.5. TICKETS

Entrance to the championships is free.

## 5.6. MEDIA

Official or EJU recognized media can apply online for a Media accreditation (<http://www.eju.net/accreditation-registration>) not later than **June 15<sup>th</sup> 2021**. Due to the Covid-19 regulations limit to media attendance may apply. All media representatives must stay in the bubble.

## 5.7. VISA

For nations who need VISA to enter Poland, Form 1 must be submitted latest by **June 18<sup>th</sup> 2021**. A scanned copy of the first page of the passport is also required.

# 6. Deadlines & Checklist

## 6.1. 18th of June 2021

### Form 1 – Visa Application Form

The organizers will help with obtaining entry visas for competitors and officials. Please specify all information requested in the form and send copy of the passports.

### Form 2 - Hotel Reservation Form

The form of hotel reservation must be sent directly to the Polish Judo Association **before 18<sup>th</sup> June 2021**. In case payment is not received by **18<sup>th</sup> June 2021** the reservation will be not confirmed. Bank details can be found below.

### Entry Fee

The federations must pay an entry fee and accommodation according to their numerical entry to:

**NAME:** Santander Bank Polska  
**IBAN:** PL21 1090 2011 0000 0001 3384 2846  
**SWIFT:** WBKPPLPP  
**PAYMENT DETAILS:** Your Country Code - Kata Warsaw

### SENIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

The inscription fee is **100 EURO** per participant.

### JUNIOR KATA EUROPEAN JUDO CHAMPIONSHIPS

The inscription fee is **50 EURO** per participant.

## 6.2. 24th of June 2021

### Form 4 – Nominal Pairs Inscription

This form has to be sent to the organizers:

e-mail : [registration@pzjudo.pl](mailto:registration@pzjudo.pl)

**The nominal inscriptions must be also entered into Judobase.**

### Form 3 – Travel Schedule & Transfer

Only delegations arriving in airports/train stations/harbours defined in paragraph 4.2 and having advised the organizer on time will be transferred to the hotel by the organizer's transport.

## Program (all times are in local time: GMT-1)

<i>Time</i>	<i>PROGRAM (Provisional time schedule)</i>	<i>Place</i>
<b>Thursday 01<sup>st</sup> July</b>		
	Arrival of EJU Commissions	Official Hotels
	Arrival of Kata Judges	
Till 17:00	Arrival of the participants	
12:00 – 20:00	PCR Testing	
<b>Friday 02<sup>nd</sup> July</b>		
11:00 – 16:00	Accreditation & Organizers Financials	Hotel Portos
11:00 – 17:30	Media Accreditation	Hotel Portos
16:00 – 17:00	Judges' Meeting	Hotel Portos
18:30	Draw for EC preliminaries	Hotel Portos
<b>Saturday 03<sup>rd</sup> July, Day 1</b>		
<b>Preliminaries – Senior &amp; Junior Kata European Judo Championships</b>		
09:00 - 13:00	Nage-no-Kata, Katame-no-Kata, Ju-no-Kata Kime-no-Kata, Kodokan Goshin-Jutsu	Integracyjne Centrum Sportu i Rekreacji w Józefowie
14:00 – 17:30	Nage-no-Kata, Katame-no-Kata, Ju-no-Kata Kime-no-Kata, Kodokan Goshin-Jutsu	Integracyjne Centrum Sportu i Rekreacji w Józefowie
18:00	Draw for finals EC	Integracyjne Centrum Sportu i Rekreacji w Józefowie
<b>Sunday 04<sup>th</sup> July, Day 2</b>		
<b>Finals – Kata European Judo Championships</b>		
09:30 – 13:00	Nage-no-Kata, Katame-no-Kata, Ju-no-Kata Kime-no-Kata, Kodokan Goshin-Jutsu Koshiki-no-Kata	Integracyjne Centrum Sportu i Rekreacji w Józefowie
14:00 – 14:30	Opening Ceremony	Integracyjne Centrum Sportu i Rekreacji w Józefowie
15:00	Awards	Integracyjne Centrum Sportu i Rekreacji w Józefowie
<b>Monday 05<sup>th</sup> July</b>		
All day	Departure of the delegations	Official hotels

Attention: The program is provisional. The schedule of the contests may be modified according to the total number of entries.

## Contact Information

**Host Federation:** Polish Judo Association

**Address:** Macedonska 14 Str. Apt. 15 - 02-761 Warszawa (Poland)

### Emergency contact details:

In case of travel schedule changes during the last week, please contact:

**Contact Person:** Patrycja Graczykowska

**Tel. number:** 0048530531971 , 0048 530 546 520

**E-mail:** registration@pzjudo.pl