

Covid-19 Protocol

Junior & U23 European Judo Championships Porec 2020

GENERAL INFORMATION

- All participants, whether they are competitors or staff, international or local, **MUST WEAR A MASK AT ALL TIMES!!!**
Exceptions: athletes on tatami during a contest, where it is prohibited and athletes in the warm-up zone, where athletes are not obliged to wear a mask during the active phase, but during the resting phase, the mask has to be worn at all times.
- All participants must keep **1.5 m distance** at all times.
Exception: competitors during their contests and during warming up with ONE PARTNER.
- Frequent hand sanitisation is strongly advised.

All delegations are expected to study and follow the IJF competition protocol. A detailed hygienic protocol for the competition, including warm up area, judogi control, field of play, and any other areas not mentioned in this document can be found and downloaded at covid.ijf.org.

The COVID-19 Delegation Managers must keep copies of ALL documents safe as may be needed in case of a positive case.

Any breach of the safety protocol will result in disciplinary action!

BEFORE ARRIVAL

Each federation will need to fill out Online application (link and credentials will be provided by LOC) which requires the following:

- Name and surname of participant (participant = all members of the participating delegations: athletes, coaches, physios, etc.) + photograph of ID-card or travel document which will be in use
- Upload negative PCR SARS-CoV-2 test (in English), not older than 3 days (.pdf) for each participant
- Upload filled and signed *Declaration of Honour Form* for each participant (document can be found on EJU website in 4 languages: <https://www.eju.net/event/junior-european-judo-championships-2/2451/>)
- Upload the Travel health insurance policy or other form of Health insurance policy that covers risk of injury and COVID-19 treatment for each participant.
- Name, surname and contact of Covid-19 Delegation Manager (one for each delegation) who will be responsible on site

ENTERING CROATIA

The following must be brought/at hand for border control:

1. Passport, ID, and applicable visas, as required

- All regular border-crossing regulations must be followed regarding the validity of passports and visas, as applicable for each respective country
- Border control officers will check documents (passports or other documents that contain similar information to those in passport)

2. A Negative PCR test result, not older than 3 days, issued by the certified testing laboratory

- ORIGINAL DOCUMENT in English (printed or .pdf)
- Official translations into English are also accepted (must be signed and stamped by translation office)
- No amateur/self-translations allowed
- ANYONE WHO FAILS TO PROVIDE DOCUMENTS MAY BE REJECTED TO ENTER THE TERRITORY OF CROATIA

3. Official Invitation from the Croatian Judo Association

All participants must present a PRINTED invitation letter from the Croatian Judo Federation (either individual or delegation) that the border control officers may keep.

Very important:

- **After doing the test at home, stay isolated and avoid social contacts as much as possible!**
- **A person having any kind of symptoms should not even start the journey to Croatia (even with negative PCR test)!**

BUBBLE ENTRANCE PROCEDURE

The hotels and the venue function as protective bubble.

ARRIVAL AT THE VENUE AND PCR TESTING

- All participants that wish to compete or be present on EC Juniors must arrive to the tent located in front of the venue, on November 2nd or 3rd, 2020.
- Those that wish to compete or be present on EC U-23 must arrive to the tent on November 7th or 8th, 2020.
- Participants will be RT-PCR tested for SARS-CoV-2 in the tent, using nasopharyngeal (nose + throat) swab by authorised medical staff.
- Testing will be performed on November 2nd and 3rd, 2020 (Juniors) and November 7th and 8th, 2020 (U-23).
- Testing times on all 4 days will be 8am - 7pm (see program). Delegations arriving by road-transportation (bus, van, car etc.) are requested to **arrive not later than 6pm**. For later arrivals, testing will be done on the next day, which will prolong the waiting time in the hotel room.

- Participants of EC Juniors who will stay in Poreč to take part in EC U23 will be RT-PCR RE-tested for SARS-CoV-2 using nasopharyngeal (nose + throat) swab between November 6th and 8th, 2020 (exact schedule TBA on site).
Note: Participants that already booked their flights may arrive on different dates as well but must be aware of the test results waiting times.
- Random participants will be asked to be tested also with rapid test for SARS-CoV-2 (NADAL® COVID-19 Ag Rapid Test) due to scientific research-comparison between PCR and rapid antigen test (on the cost of LOC); if accepted, informed consent will have to be filled and signed
- After testing, all participants must go straight to their transport vehicles and proceed straight to the Hotel.
- Additional PCR re-testing (e.g. for purposes of departure) will be available upon request but has to be announced by COVID-19 delegation manager at least 24 hours in advance.
- Costs of PCR testing will be charged to delegations. **Cost per PCR test: 120€**

CONDITIONS REQUIRED FOR PCR TEST SAMPLING

Participants are required to keep the following rules at least 4 hours prior the arrival to the venue:

- Do not eat!
- Do not take candies or chewing gum!
- Do not drink (not even water)!
- Do not smoke!
- Do not brush teeth! Do not rinse your mouth (neither with water nor mouthwash)!
- Do not use any kind of nasal spray or drops!

ATTENTION! Those not complying with the sample taking requirements are **tested only after they meet the conditions**. The 12 hours result window opens only from that point.

ARRIVAL TO THE HOTEL

1. The delegation manager takes all documents to register everyone on the Reception desk. Others stay in the transport vehicle until room keys are received. **No room change is allowed.**
2. All participants have to take their luggage, wear masks and proceed DIRECTLY to their hotel rooms to await their first PCR test results. There will be complimentary water and food in the lobby to take on the way to the room. All participants must not interact with anyone in the hotel on the way to their rooms.
3. In case of RE-testing (Juniors that wish to compete for U-23, coaches, referees, staff etc.), participants also have to proceed DIRECTLY to their hotel rooms to await their PCR test results.
4. Participants must wait in their rooms and may leave their room only after receiving their negative PCR test result. The results are expected to be ready within a

maximum of 12 hours. The results will be communicated via the Covid-19 Delegation Manager.

5. During the Waiting period a room service will be available, while no outside food delivery can access the hotels.

LEAVING THE HOTEL ROOM/ACCREDITATION CARDS

- **ONLY after the negative PCR test result is obtained**, all participants can leave their rooms and should apply on the Accreditation booth that will be situated in the lobby of each official hotel to collect their accreditation cards.
- Different accreditation colours will be available for athletes, depending which day they will enter the venue.
- Warm-up partner can get "upgrade card", which can be requested by Team manager.
- With accreditation card, persons can move in the Laguna resort, but **must not leave Laguna resort (disqualification!)**
- Water is complementary, no near shops and bars are open, except the shop in the hotels.

*Accreditation card has to be carried visibly at all times outside of the hotel room!
Entrance to the Sports hall will be possible only with the accreditation card! No exemption will be made!*

MISSING ANY TEST WILL RESULT IN DISQUALIFICATION FROM THE COMPETITION!!!

REPORTING COVID-19 RELATED SYMPTOMS

Anyone who shows any of the symptoms below must stay in their room and inform their Covid-19 Delegation Manager. Covid-19 Delegation Manager has to inform LOC COVID -19 Medical delegate and wait for the further instructions.

Most common symptoms:	Less common symptoms:	Serious symptoms:
<ul style="list-style-type: none"> • fever 37.2 °C or above • dry cough • tiredness 	<ul style="list-style-type: none"> • aches and pains • sore throat • diarrhoea • conjunctivitis • headache • loss of taste or smell • a rash on skin • discoloration of fingers or toes 	<ul style="list-style-type: none"> • difficulty breathing or shortness of breath • chest pain or pressure • loss of speech or movement

QUARANTINE

- Anyone tested PCR positive for SARS-CoV-2 virus at any time is to be quarantined at their Hotel or the apartments (organized by the LOC).
- Quarantine period in Croatia is 10 days.
- Persons can only leave quarantine if they are symptom free, and upon expiration of 10 days period.
- If a person is **PCR negative but was in close contact** (current definition see Appendix 1) with a positive person, he/she will be quarantined as well and monitored for 10 days period.
- Additional measures can be required by local health authorities (epidemiological service) and will be applied on case to case basics.
- Strict security system will be applied. If somebody is positive/quarantined, accreditation card will be withdrawn.
- Direct and related expenses of the quarantine and additional PCR testing are to be paid by the delegation. Delegations are expected to have health insurance coverage.

BUBBLE SAFETY PROTOCOL

MEALS - MASKS ARE REQUIRED IN THE DINING AREA. MASKS CAN BE TAKEN OFF ONLY WHEN EATING AT THE TABLE.

- Meals will be provided in a secure environment
- There will be a limit to the number of people allowed in the dining area, to keep the protective distance while eating
- Tables will be distanced
- Multiple posts of food and drinks will be provided
- Dining area to be accessed on a come-eat-go basis

FAILURE TO STAY WITHIN THE BUBBLE WILL RESULT IN DISQUALIFICATION FROM THE COMPETITION!!!

COMPETITION INFORMATION

1. ACCREDITATION

Only one person per delegation (Team leader) is allowed to attend the registration of the competition, **ONLY when he/she has negative PCR test result** and may leave the hotel room!

- Controlled running order for delegations will be organized to avoid overcrowding.
- Team list have to controlled and corrected at arrival before PCR-testing.
- Ensure 1.5 m distance between LOC and delegations

2. JUDO GI CONTROL / NO RESERVE JUDO GI

FOR HYGIENIC REASONS RESERVE JUDO GI ARE SUPPLIED ONLY FOR EXCEPTIONAL CASES

To avoid disqualification during the competition each athlete is expected to appear in fully compliant judogi at Judogi control. Reserve judogi are to be used only once or by the same person during a day. Each used judogi will be properly sanitised before further use. Teams can bring own spare judogi without backnumber for emergency case.

ATHLETES WITHOUT ANY SUITABLE JUDO GI ARE DISQUALIFIED EXCEPT WITH DOCUMENTED LOSS OF LUGGAGE OR THEFT.

3. WEIGH-IN

Weigh-in will be held in in the warm-up tent. Training will be closed at 18:00 for cleaning. From 18:30 - 19:00 unofficial weigh-in, 19:00 - 20:00 official weigh-in, to performed in 5 rooms, 1 category per room.

Please note:

- Mask required
- General weigh-in rules apply
- Before weigh-in, athlete's hands must be disinfected, ID-document has to be shown to the referees without any physical contact or handing in the documents.
- After the weigh-in, scale has to be disinfected appropriately by the athlete (disinfect and tissue will be provided)

4. COMPETITION

Athletes can only enter the venue on their competition day.

Warm-up partners can enter the venue upon request - see Accreditation cards section.

5. TRAINING

Training tent is open for training from 9am - 6pm, from Nov. 2 until Nov 10.

Net training time is 45 min, there is a cleaning session after each delegation is finished.

Training can be booked upon arrival on spot.

APPENDIX 1: CLOSE CONTACT OF A SARS-CoV-2 POSITIVE PERSON

According to the most recent Croatian Public Health Authority document entitled "Criteria for SARS-CoV-2 testing, discontinuation of the isolation and quarantine - date: 26.10.2020., link (in Croatian): <https://www.hzjz.hr/wp-content/uploads/2020/03/Kriteriji-za-testiranje-na-SARS-CoV-2-prekid-izolacije-i-karantene-ver-4.pdf>); **a person's close contact** (for the purpose of isolation/quarantine) **is considered as a person who was:**

1. sharing the same household with the patient (edit: including the hotel room).
2. in direct physical contact with a patient with COVID-19 disease.
3. in an unprotected direct contact with infectious secretions of a patient with COVID-19 disease (for example: touching used wipes with bare hands or e.g. if the patient coughs directly into a person).
4. in a face-to-face contact with a COVID-19 patient at a distance of less than two meters for more than 15 minutes.
5. indoors (e.g. classroom, meeting room, waiting room in a health facility, etc.) with a patient with COVID-19 at a distance of less than two meters for more than 15 minutes - staying indoors at a distance of more than two meters can be close contact, depending on whether the patient has symptoms, wearing masks, ventilation of the room ... each individual indoor contact should be assessed individually.
6. a healthcare professional or other person providing direct care to a patient suffering from COVID-19 or laboratory staff handling samples of a patient without the use of recommended personal protective equipment (PPE) or if there has been a failure to use PPE.
7. contact in an aircraft or other means of transport with the patient who was sitting two places in front, behind or on the side; companions or caregivers during the trip; personnel serving in the part of the aircraft in which the patient is seated (if the severity of the clinical picture or the movement of the patient indicates the exposure of a large number of passengers, close contacts may be considered passengers of the whole transport section or the entire aircraft).

It should be emphasized that each specific situation requires an individual epidemiological assessment, and that treatment may differ from the recommendations if there is a medical justification.

A person identified as a close contact of a sick person, who had laboratory-confirmed COVID-19 for the past three months, is not subject to quarantine / self-isolation health surveillance.