

## EJU OTC 'GOING FOR GOLD' BRITISH JUDO PERFORMANCE INSTITUTE DARTFORD JUDO CLUB Mon 8<sup>th</sup> – Fri 12<sup>th</sup> August 2011

## PROGRAMME (DRAFT v.2 30<sup>th</sup> March 2011)

DATE	TIME	ACTIVITY	PLACE
Mon 8 August	Morning	Team Arrivals	London Airports
	1200-1400	Lunch	Campanile Hotel
	1600-1800	Randori (All)	BJPI – British Judo Performance Institute
	1830-2030	Evening Meal	Campanile hotel
Tues 9 August	0700-0830	Breakfast	Campanile Hotel
	0930-1130	Randori (All)	BJPI
	1200-1400	Lunch	Campanile hotel
	1600-1800	Randori (All)	BJPI
	1830-2030	Evening Meal	Campanile Hotel
Weds 10 August	0700-0830	Breakfast	Campanile Hotel
	0900-1100	Randori (All)	BJPI
	1200-1400	Lunch	Campanile hotel
	1500-1700	Randori (All)	BJPI
	1730-2000	Evening Meal	Campanile Hotel
Thurs 11 August	0700-0830	Breakfast	Campanile Hotel
	0930-1130	Randori (All)	BJPI
	1200-1400	Lunch	Campanile hotel
	1600-1800	Randori (All)	BJPI
	1830-2030	Evening Meal	Campanile Hotel
Fri 12 August	0700-0830	Breakfast	Campanile Hotel
	0930-1130	Randori (All)	BJPI
	1200-1400	Lunch	Campanile hotel
	Afternoon	Teams Depart	Campanile hotel

Note: If any Teams have additional training requirements outside of the scheduled programme - please contact the British Judo Coaching Team to discuss.