

EJU OTC 'GOING FOR GOLD' BRITISH JUDO PERFORMANCE INSTITUTE DARTFORD JUDO CLUB Mon 8th – Fri 12th August 2011

TECHNICAL SPECIFICATIONS

BRITISH JUDO PERFORMANCE INSTITUTE - DARTFORD JUDO CLUB (TRAINING VENUE)

MAT AREA	448m ² (16m x 28m)
CHANGING ROOMS	2 (1 male / 1 female)
WORKING AREA	Table provided for coaches to work in the dojo
TIMEKEEPING (for randori)	Clock (with seconds) in dojo
AUDIO EQUIPMENT	Loudspeaker/microphone in dojo
EJU FLAG / BANNER	Yes, they will be present
MEDICAL ASSISTANCE	2 Physiotherapists at all training sessions
NEAREST HOSPITAL	5 minutes by vehicle
ICE PACKS	Ice packs available for use in the dojo Ice bags available for use outside the dojo
STRENGTH & CONDITIONING	Weights gym available on site (also with a small mat area)
SAUNAS	2 available – 1 located in each changing room
MASSAGE ROOM	Massage/physio room located matside and available for use by visiting teams
SCALES (WEIGHT CHECKING)	2 available (1 located in each changing room)
RECREATIONAL SPORT	Not available on site

CAMPANILE HOTEL (OFFICIAL HOTEL)

OFFICIAL HOTEL - LOCATION	Campanile Hotel, Crossways, Dartford is
	located approx. 2.5km from training venue (5
	minutes in transfer vehicle)
HOTEL FACILITIES	Full Board (all meals provided)
	Restaurant/Bar on-site
	Conference Rooms
	Wi-Fi Internet Access (Free of charge)
	24 hour reception
	OTC Information Board in reception
	Car parking (Free of charge)
FACILITIES NEARBY	Bluewater Shopping Centre (8 minutes by bus)
	Train Station for London (1.5km from hotel)
	London (40 minute journey by Train)